

# 2024

## RETROGRADES



The Dark Pixie  
ASTROLOGY

# 2024 Retrogrades

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## Contents:

<b>Lesson 1: Retrograde Basics</b>	<b>4</b>
<b>Lesson 2: Mercury Retrograde in Aries (April 2024)</b>	<b>9</b>
<b>Lesson 3: Mercury Retrograde in Aries for the Signs</b>	<b>15</b>
<b>Lesson 4: Mercury Retrograde in Virgo &amp; Leo (August 2024)</b>	<b>19</b>
<b>Lesson 5: Mercury Retrograde in Virgo &amp; Leo for the Signs</b>	<b>25</b>
<b>Lesson 6: Mercury Retrograde in Sagittarius (November - December 2024)</b>	<b>29</b>
<b>Lesson 7: Mercury Retrograde in Sagittarius for the Signs</b>	<b>34</b>
<b>Lesson 8: Mars Retrograde in Leo &amp; Cancer (December 2024 - February 2025)</b>	<b>37</b>
<b>Lesson 9: Mars Retrograde for the Signs</b>	<b>44</b>
<b>Lesson 10: Ceres Retrograde in Capricorn (May - August 2024)</b>	<b>48</b>
<b>Lesson 11: Ceres Retrograde for the Signs</b>	<b>53</b>
<b>Lesson 12: Jupiter Retrograde (October 2024 - February 2025)</b>	<b>57</b>
<b>Lesson 13: Jupiter Retrograde for the Signs</b>	<b>61</b>
<b>Lesson 14: Saturn Retrograde (June - November 2024)</b>	<b>65</b>

<b>Lesson 15: Saturn Retrograde for the Signs</b>	<b>69</b>
<b>Lesson 16: Uranus Retrograde (September 2024 - January 2025)</b>	<b>73</b>
<b>Lesson 17: Uranus Retrograde for the Signs</b>	<b>76</b>
<b>Lesson 18: Neptune Retrograde (July - December 2024)</b>	<b>79</b>
<b>Lesson 19: Neptune Retrograde for the Signs</b>	<b>83</b>
<b>Lesson 20: Pluto Retrograde (May - October 2024)</b>	<b>87</b>
<b>Lesson 21: Pluto Retrograde for the Signs</b>	<b>90</b>
<b>Lesson 22: Chiron Retrograde (July - December 2024)</b>	<b>95</b>
<b>Lesson 23: Chiron Retrograde for the Signs</b>	<b>98</b>

## Lesson 1: Retrograde Basics

Before going into each retrograde for 2024, let's cover some of the definitions so you know what they mean.

A planet or body in astrology is called **retrograde** when it appears to move backward through the Zodiac from our view here on Earth; it isn't actually moving backward and only appears that way (so don't worry, planets don't just start changing direction, ha).

For most planets and bodies in astrology, normal motion is forward. When they are moving backward, their typical expression changes, usually either flipping in the opposite direction or making the harder energy associated with the planet or body worse.

Retrogrades love the re-'s,: redo, revise, revisit, rethink, reconsider, reconnect, etc. They also have strong subconscious and karmic energy, so it's good to be reflective and introspective, to focus on the past, to turn inward, and to connect to intuitive energy.

When a planet or body is no longer moving backward and starts to change back to forward, this is called turning **direct**. Retrogrades tend to be strongest when they are turning retrograde or direct as we get a little used to the energy in the middle.

When a planet or body is turning retrograde or direct, they are slowing down considerably as they gear up to change their movement. They end up hovering in about the same spot, and this is called **stationing**. While stationing, energy can be strong yet kind of stagnant. We're a bit stationary (hence the term).

Any aspects being made when a planet or body is stationing are extra strong because it's staying in place. It's a continuous, steady stream of energy being funneled into the aspect. When it's aspecting a transit, or moving, planet or body, we all feel this to some degree. When it's aspecting one of your natal planets or bodies, this has a direct impact for you personally and can bring important developments, information, and situations.

An **aspect** is when two planets or bodies are at certain distances from one another in the Zodiac. The Zodiac is 360 degrees, and each of the 12 Zodiac signs has 30 degrees (so 30 times 12 = 360 - remember grade school math?). There are certain aspects that are considered major aspects, and these are what you mostly focus on. They are:

Conjunction: 0 degrees apart (amplifying energy)

Sextile: 60 degrees apart (beneficial energy requiring some work)

Square: 90 degrees apart (challenging, uncomfortable energy often requiring inner work)

Trine: 120 degrees apart (beneficial energy usually requiring nothing)

Opposition: 180 degrees apart (challenging energy that can seem out of your control)

Dates for aspects during the retrogrades are provided for Mercury, Mars, and Ceres, so you can look them up easily.

Specifically for Mercury retrograde, we also focus on the **shadow and storm periods**. The shadow period starts when Mercury first hits the point in the Zodiac it will turn direct at, and ends when it last hits the point in the Zodiac it will turn retrograde at. The impact of the shadow period tends to be very subtle unless the retrograde is starting or ending making hard major aspects to your natal chart.

The storm period of Mercury retrograde is when Mercury is moving at its slowest, less than 40 minutes per day. Mercury is a fast-moving planet and hates it when moving slowly, so this tends to be the hardest time during Mercury retrograde. There's usually two storm periods, one around the time Mercury turns retrograde, and one around when it turns direct, since Mercury is slowing down to change direction. If Mercury is moving particularly slow, there can be just one long storm period (usually this is midyear) if it happens).

Also, during Mercury retrograde, Mercury always conjuncts the Sun at some point, and this is called the **Inferior Conjunction**. It's seen as a positive time during Mercury retrograde to start something new that can

be worked on for the next 6-8 weeks (until Mercury conjuncts the Sun again).

**A note on hardest impact and exemptions:** Retrogrades tend to hit hardest when they occur in your Sun sign, Moon, sign, or Rising sign since these are so closely tied to you. Jupiter, Saturn, Uranus, Neptune, Pluto, and Chiron can still be subtle though, while Mercury, Venus, Mars, and Ceres can be quite intense.

You can also feel off in a subtle way when the natural ruler of your Sun, Moon, or Rising sign retrogrades. It may not be super strong, but ever-present. The planetary rulers are:

Aries: Mars

Taurus: Venus (and Ceres)

Gemini: Mercury

Cancer: Moon (doesn't retrograde though)

Leo: Sun (also doesn't retrograde)

Virgo: Mercury

Libra: Venus

Scorpio: Pluto (I use modern rulers for the traditional ruler is Mars in case you feel that too)

Sagittarius: Jupiter

Capricorn: Saturn

Aquarius: Uranus (traditional ruler is Saturn)

Pisces: Neptune (traditional ruler is Jupiter)

The ones who get the hardest hit are usually those who are experiencing multiple hard aspects - conjunctions, squares, and oppositions. So pay attention to those!

You can be exempt from retrograde challenges if the planet is retrograde in your natal or progressed charts. In your natal chart, this means you were born with it retrograde, and the energy is natural for you. In your progressed chart, this means the progressed planet has turned retrograde, and you're more comfortable with the energy now.

You may not feel the exemption though if the natal or progressed planet is closely conjunct your natal Sun, Moon, or an angle (Ascendant, Descendant, Imum Coeli, Midheaven) since it's so directly tied to your personality/life.

So, this should get you started. On to the retrogrades!



## Lesson 2: Mercury Retrograde in Aries (April 2024)

**Starts:** April 1st 2024 (6:14PM ET/3:14PM PT) at 27 degrees 13 minutes  
Aries

**Ends:** April 25th 2024 (8:54AM ET/5:54AM PT) at 15 degrees 58 minutes  
Aries

**Shadow period:** March 18th - May 13th 2024

**Storm periods:** March 27th - April 9th 2024 & April 16th - May 4th 2024

**Stations retrograde:** March 30th - April 3rd 2024

**Stations direct:** April 20th - 30th 2024

**Inferior Conjunction:** April 11th 2024 at 22 degrees 32 minutes Aries

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The first Mercury retrograde for 2024 comes to us entirely in fire sign **Aries**, and this can make us more impatient, impulsive, and quick to fight. Aries doesn't like to take anything in stride, and doesn't like to think things through when not operating well. So, we have to watch what we say since we might stick our feet in our mouths easily and regret it later.

We may not feel as comfortable taking the lead, yet we don't want to follow either. We just want to run and jump without going anywhere, and that doesn't do anything good for us. There is so much energy with Aries that it's important we do stay active though, and keep busy with healthy

and productive physical and mental outlets. Without that, the fights take over.

This Mercury retrograde does come with a **Solar Eclipse in Aries on April 8th**, and this is fantastic energy for a **second chance**. That's really what we should all be focusing on at this time. Retrogrades love do overs, and Solar Eclipses are times of new beginnings. With Mercury retrograde, this can mean a new beginning with something old - something we tried before but failed at, didn't see all the way through, or didn't get to actually begin. Focus on what you'd like another shot at, and try to plan for getting started or making progress around this retrograde and eclipse.

This Mercury retrograde begins at 27 degrees 13 minutes Aries, so the aspects to it are:

Conjunction: 24 degrees 13 minutes - 29 degrees 59 minutes Aries (super strong impact, extra high emphasis on whatever is being conjuncted)

Sextile: 24 degrees 13 minutes - 29 degrees 59 minutes Gemini or Aquarius (positive aspect, so this gives some beneficial energy for redos, revisions, and revisiting with whatever is being sextiled)

Square: 24 degrees 13 minutes - 29 degrees 59 minutes Cancer or Capricorn (hard aspect, so this can bring challenging energy and bring things back from the past with whatever is being squared)

Trine: 24 degrees 13 minutes - 29 degrees 59 minutes Leo or Sagittarius  
(positive aspect, like a trine this brings beneficial energy and is a bit easier)

Opposition: 24 degrees 13 minutes - 29 degrees 59 minutes Libra (hard aspect, like a square this can bring challenging energy but may be more out of your control)

The retrograde ends at 15 degrees 58 minutes Aries, so the aspects to the turn direct are:

Conjunction: 12 degrees 58 minutes - 18 degrees 58 minutes Aries

Sextile: 12 degrees 58 minutes - 18 degrees 58 minutes Gemini or Aquarius

Square: 12 degrees 58 minutes - 18 degrees 58 minutes Cancer or Capricorn

Trine: 12 degrees 58 minutes - 18 degrees 58 minutes Leo or Sagittarius

Opposition: 12 degrees 58 minutes - 18 degrees 58 minutes Libra

With the retrograde starting at 27 degrees and ending at 15 degrees Aries, you get a direct hit by a major aspect during the retrograde if you have planets or points at 15 - 27 degrees of:

Conjunction: Aries

Sextile: Gemini or Aquarius

Square: Cancer or Capricorn

Trine: Leo or Sagittarius

Opposition: Libra

This Mercury retrograde doesn't start or end aspecting any of the other transit planets, but during the retrograde, Mercury will **conjunct transit Chiron on April 15th at 19 degrees Aries**. Chiron is the wounded healer in astrology, ruling our greatest wounds, but also our healing ability and potential for personal growth. The Solar Eclipse is also conjunct Chiron, so this trio is likely stimulating and triggering some old issues from the past. These can be emotional, spiritual, or karmic, and we have the chance to actually work through it now, make progress, understand better, and find a way forward. There can be opportunities for healing that lead to bigger things in life, and we may give more attention to the healers among us. There can also be more focus on health matters in the world at large.

The retrograde also ends **conjunct the transit North Node**. The North Node is part of the Lunar Nodes, which are the points in the Moon's orbit where the Moon crosses the ecliptic. There is a North Node and South Node, and they oppose one another in the Zodiac. The South Node is associated with the past, and it's what you've already learned and are comfortable with, but it can become a crutch and bad habit that has to be broken. The North Node, on the other hand, is associated with the future, and shows our potential and purpose. The North Node is unfamiliar territory, so we tend to shy away from it, especially when

young. But, it's also where we find our greatest fulfillment and generally happiness in life, so once we embrace it, it improves our lives significantly.

This Mercury retrograde can push us toward our potential and purpose, can bring something fated and meant to be, but this might be deeply unsettling. We can feel we're not ready for it, not now, and push it away. Yet with the retrograde, this might've been something that was actually presented to us before, that we had a chance to embrace at some point in the past, and we ran. Maybe it's true that we weren't ready before, but time has passed and we should be wiser now. We need to resist the urge to avoid and pull up some courage. This can lead to great insights and opportunities.

Here are the **dates for aspects** using a 2 degree orb. Just look up the location of your natal planet or body by degree, and the dates you'll be impacted by the retrograde are listed below:

14 degrees: April 20th - 25th 2024

15 degrees: April 18th - 25th 2024

16 degrees: April 16th - 25th 2024

17 degrees: April 15th - 25th 2024

18 degrees: April 13th - 25th 2024

19 degrees: April 12th - 20th 2024

20 degrees: April 11th - 18th 2024

21 degrees: April 9th - 16th 2024

22 degrees: April 8th - 15th 2024

23 degrees: April 5th - 13th 2024

24 degrees: April 3rd - 12th 2024

25 degrees: April 1st - 11th 2024

26 degrees: April 1st - 9th 2024

27 degrees: April 1st - 8th 2024

28 degrees: April 1st - 5th 2024

29 degrees: April 1st - 3rd 2024

### **Lesson 3: Mercury Retrograde in Aries for the Signs**

This section is going to break down the retrograde for each of the Zodiac signs. If you know your Rising sign, read that one (or the sign after your Rising if yours is late in sign). Otherwise you can read your Sun sign (Rising is just more accurate).

**Aries:** With the retrograde in your sign, you can feel like any and every little thing gets thrown your way, and it can be stressful and exhausting. Try to go easy on yourself, and maintain some boundaries. Remember that the eclipse is in your sign too, so you get the best shot at a second chance. This can be one of the best times of your life for a second chance, so don't miss it.

**Taurus:** The retrograde in Aries can be quite exhausting for you, and you may want to spend as little time as possible with demanding people or focusing on demanding projects. Try to make more time to get rest and recharge since everything might be taking a bigger toll on you than usual. With the eclipse, focus on something from the past you can work on by yourself for now.

**Gemini:** Mercury retrograde in Aries can make you question your future, and you may feel like what you dream about isn't possible right now. Don't make any big decisions like giving up completely, and try to hold on for a little while longer. The eclipse can bring opportunities to turn

your focus back to an old dream, and that can help inspire you in unconventional ways. But, with Mercury being your ruler, make sure to go easy on yourself.

Cancer: The retrograde in Aries can show blocks on your path, and this can delay your progress. This can be frustrating, but the eclipse might bring back an old goal that you thought you wouldn't have another shot at, and this can help you make more progress than you think. Make sure you're managing your responsibilities well so you don't get overwhelmed by them.

Leo: The desire for more space can be strong with this Mercury retrograde in Aries, and if you give in to the impulsive energy, you may push too hard and wish you'd been more considerate later. Try to find small ways to get more space. The eclipse might help you pick up an old course of study or visit a place you've been to before, which can open you up more.

Virgo: Mercury retrograde in Aries can be a serious transit for you, and you may struggle with something that is emotional and requires deep introspection. Transforming can be of help, and doing research can lead to solutions. The eclipse can shine a light on something from the past that leads to new insights and empowerment now. With Mercury being your ruler, avoid the tendency to stress out to the max.



Libra: The retrograde in Aries can bring focus to your connections with others, and you may have to deal with someone who gets on your nerves, or you have to work on issues in existing relationships. Work on improving peace and harmony, but also some balance. The eclipse might bring someone back from the past, or you can have the chance to recommit to someone or something.

Scorpio: This can be a busy period for you during this retrograde, and there can be plenty for you to get done. You can have all sorts of little projects and tasks and chores to do, and this can drain you if you don't leave time for breaks and rest. The eclipse can bring opportunities to pick back up an old project, and you can make quick work of it.

Sagittarius: Mercury retrograde in Aries can make you crave more fun in your life, and this may come at the expense of work and responsibilities. Try to find some balance between the two, otherwise you may struggle. The eclipse can inspire you creatively, and you may want to pick back up an old creative project or hobby, or reconnect with an old flame.

Capricorn: The retrograde in Aries can bring attention to your emotions, and it can be an important time to focus on your emotional needs. Take care of yourself internally, and strengthen your core, otherwise you can be extra sensitive and easily triggered. The eclipse can help you make changes at home or with family, and you can restore the foundation of something.

Aquarius: Your mind can be extra active with this Mercury retrograde, and you may have too much to focus on. You can get scattered and anxious easily, and your mind can crash. Try to balance having enough variety to occupy your mind with having enough downtime to let your mind rest. The eclipse might bring an opportunity to pick back up an old idea.

Pisces: Mercury retrograde in Aries can slow things way down for you, and this might become frustrating if you feel stuck. Try to focus on ways you can improve stability and security that are healthy and positive, and this can help you make some movement. The eclipse can bring back something that you highly value, feel is worth your time and effort, or that makes you feel confident.

## Lesson 4: Mercury Retrograde in Virgo & Leo (August 2024)

**Starts:** August 5th 2024 (12:56AM ET/August 4th 9:56PM PT) at 4 degrees 6 minutes Virgo

**Enters Leo:** August 14th 2024 at 8:15PM ET/5:16PM PT

**Ends:** August 28th 2024 (5:14PM ET/2:14PM PT) at 21 degrees 24 minutes Leo

**Shadow period:** July 16th - September 11th 2024

**Storm periods:** July 27th - August 13th 2024 & August 23rd - September 2nd 2024

**Stations retrograde:** August 3rd - 6th 2024

**Stations direct:** August 25th - September 2nd 2024

**Inferior Conjunction:** August 19th 2024 at 26 degrees 35 minutes Leo

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The second Mercury retrograde for 2024 comes in August and begins in earth sign **Virgo**. Virgo is the sign of work, daily life, and health, so this retrograde might give us too much to do so we're overwhelmed, throw lots of little things at us, and we can feel rundown, have aches and pains, and feel icky.

Virgo is the sign of stress, so it's crucial during this time that we manage stress well. We need healthy outlets for frustrations, and we need to go

easy on ourselves. If we can do that, we can get things done without overwhelming ourselves, and manage what we need to.

Virgo is one of the signs naturally ruled by Mercury, so there is an extra punch with this retrograde while in Virgo. Try to get organized, tweak schedules, and don't get lost in the details.

This retrograde doesn't entirely occur in Virgo though, and moves to **Leo** on August 14th for the rest of the retrograde. Leo is the sign of the heart, ruling who and what we love, so the retrograde in Leo can make us crave more time for fun. We may crave it so much that we avoid anything we think isn't fun, and this can create problems. We need to find small moments to enjoy ourselves, and bring creativity to everything we do so we can stay focused.

This can be a good time to pick back up an old creative project, and reconnect with an old love. We can restore passion in existing relationships, and revise creative projects we've already started.

We need to watch for being too stubborn, prideful, or egocentric with the retrograde in Leo, and remember to be considerate of others.

The retrograde begins **conjunct Venus in Virgo** (exact on August 7th). This means we can work well with others, and may focus on a

partnership, relationship, ally, or compromise. We can restore peace and balance, and that can help with the stressful energy of Virgo.

This Mercury retrograde begins at 4 degrees 6 minutes Virgo, so the aspects to it are:

Conjunction: 1 degree 6 minutes - 7 degrees 6 minutes Virgo

Sextile: 1 degree 6 minutes - 7 degrees 6 minutes Cancer or Scorpio

Square: 1 degree 6 minutes - 7 degrees 6 minutes Gemini or Sagittarius

Trine: 1 degree 6 minutes - 7 degrees 6 minutes Taurus or Capricorn

Opposition: 1 degree 6 minutes - 7 degrees 6 minutes Pisces

This Mercury retrograde ends **sextile Jupiter in Gemini** and **trine Chiron in Aries**. This helps us come out of the retrograde with beneficial energy since they're two beneficial aspects, and Jupiter can help us to expand, open our minds, and not get stuck in the work and details, while Chiron can help us work on any healing needed, take good care of ourselves, and become comfortable with our personal power. We can feel more spiritual and comfortable with our beliefs, and ready for something new.

The retrograde ends at 21 degrees 24 minutes Leo, so the aspects to the turn direct are:

Conjunction: 18 degrees 24 minutes - 24 degrees 24 minutes Leo

Sextile: 18 degrees 24 minutes - 24 degrees 24 minutes Gemini or Libra

Square: 18 degrees 24 minutes - 24 degrees 24 minutes Taurus or Scorpio

Trine: 18 degrees 24 minutes - 24 degrees 24 minutes Aries or Sagittarius

Opposition: 18 degrees 24 minutes - 24 degrees 24 minutes Aquarius

With the retrograde starting at 4 degrees Virgo, you get a direct hit by a major aspect during the retrograde in Virgo if you have planets or points at 0 - 4 degrees of:

Conjunction: Virgo

Sextile: Cancer or Scorpio

Square: Gemini or Sagittarius

Trine: Taurus or Capricorn

Opposition: Pisces

With the retrograde moving to Leo and ending at 21 degrees Leo, you get a direct hit by a major aspect during the retrograde in Leo if you have planets or points at 21 - 29 degrees of:

Conjunction: Leo

Sextile: Gemini or Libra

Square: Taurus or Scorpio

Trine: Aries or Sagittarius

Opposition: Aquarius

Here are the **dates for aspects** using a 2 degree orb. Just look up the location of your natal planet or body by degree, and the dates you'll be impacted by the retrograde are listed below. First in Virgo:

0 degrees: August 10th - 14th 2024

1 degree: August 6th - 14th 2024

2 degrees: August 5th - 14th 2024

3 degrees: August 5th - 13th 2024

4 degrees: August 5th - 11th 2024

5 degrees: August 5th - 9th 2024

6 degrees: August 5th - 6th 2024

Then in Leo:

19 degrees: August 25th - 28th 2024

20 degrees: August 23rd - 28th 2024

21 degrees: August 22nd - 28th 2024

22 degrees: August 20th - 28th 2024

23 degrees: August 19th - 28th 2024

24 degrees: August 18th - 25th 2024

25 degrees: August 17th - 23rd 2024

26 degrees: August 16th - 22nd 2024

27 degrees: August 14th - 20th 2024

28 degrees: August 14th - 19th 2024

29 degrees: August 14th - 18th 2024





## Lesson 5: Mercury Retrograde in Virgo & Leo for the Signs

Aries: The start of the retrograde might make you feel like you've got too much to do, and this can overwhelm you. Later in the retrograde, you may try to push it all aside and give yourself time to do what you want. This would be a great retrograde to focus on a creative project you can make strides with, and this might be something you've worked on before.

Taurus: The start of the retrograde might make you crave more time to enjoy yourself, and you can lack focus for anything mundane. Later in the retrograde, you may need to focus on your emotions, and can stick to what you know best. Try to address your emotional needs during this retrograde, and remind yourself how to have fun, how to feel secure, and how to nurture yourself.

Gemini: The start of the retrograde might make you more emotional, and you need to work on your emotional needs and take care of yourself. Later in the retrograde, you can get some space from emotions and try to use logic and reason with everything. Take care of both your mind and your heart, and don't feel like you have to abandon what you feel for what you think. Balance both.

Cancer: The start of the retrograde might make your mind more active, and you can focus on lots of ideas but end up kind of scattered. Later in

the retrograde, you can slow things down and give yourself time to be still. This might make you feel stuck though, so try to make the most of some of the ideas you focus on at the start to keep you moving, even if slowly.

Leo: The start of the retrograde might make you feel stalled out, and you can take things very slowly. This can help when Mercury moves to your sign, and you might feel like everything is going too fast. Try to go easy on yourself, and work on second chances, do overs, and finish up little things.

Virgo: The retrograde starts in your sign, and you can feel stressed out and in need of a break. Try to avoid taking on too much, and leave lots of time to rest when Mercury leaves your sign and goes to Leo. You can use that time to get extra sleep, recharge, and be more reflective. Quiet time can be good for you.

Libra: The start of the retrograde might make you feel drained to the max, especially if you've been pushing yourself a lot lately. Make time to rest and try to avoid making demands of yourself. Later in the retrograde, you can be more independent, and can work on small changes to open your life up.

Scorpio: The start of the retrograde can make you crave change, but you may not be able to work on the change you want. Break it down into

small tasks, and see how you can make progress that way. Later in the retrograde, you can feel stalled on your path, but keep going with small steps and progress can be made eventually.

Sagittarius: The start of the retrograde can bring setbacks with a goal you're working on, and this can be discouraging, but it can offer new insights and help you find better approaches. Later in the retrograde, you can crave more space and adventure, but likely need to pull back and work with what you've got. Focus on big ideas that can assist your goals.

Capricorn: The start of the retrograde can make you think bigger and brighter, and this can be good until you become unrealistic. Realism can set in later in the retrograde, but you may overcompensate by becoming too pessimistic. Try to balance optimism with realism, and work with both instead of choosing one over the other.

Aquarius: The start of the retrograde can bring focus on something serious and intense, and you may need to work on a transformation to improve it. You can also crave closer bonds with loved ones, and you can work on improvements that help you strengthen intimacy later in the retrograde. This retrograde focuses heavily on your connections, so work on them.

Pisces: The start of the retrograde can give more attention to the people in your life, and you may need to help someone out. Try to avoid being taken advantage of though. Later in the retrograde, there can be work to get done, and you can be extra productive, but also easily run down. Remember to take breaks, and don't demand perfection from yourself.

## **Lesson 6: Mercury Retrograde in Sagittarius (November - December 2024)**

**Starts:** November 25th 2024 (9:42PM ET/6:42PM PM PT) at 22 degrees 40 minutes Sagittarius

**Ends:** December 15th 2024 (3:56PM ET/12:56PM PT) at 6 degrees 23 minutes Sagittarius

**Shadow period:** November 7th 2024 - January 2nd 2025

**Storm periods:** November 21st - 30th 2024 & December 12th - 20th 2024

**Stations retrograde:** November 22nd - 28th 2024

**Stations direct:** December 13th - 18th 2024

**Inferior Conjunction:** December 5th 2024 at 14 degrees 27 minutes Sagittarius

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The final Mercury retrograde for 2024 comes entirely in fire sign **Sagittarius**, and Sagittarius rules space and freedom, so we can push to get more space and freedom to do what we want, when we want, without needing permission, and without considering others. That last part is where we get into trouble though, and we can hurt other people without realizing it, and make a mess for others.

Sagittarius also rules our beliefs, so we can be more passionate about them and defend them earnestly. The issue is, we can become preachy,

or closed-minded, or warp reality to fit the fantasy we've come up with. We need to keep both our minds and ears open, and maybe talk a little less.

This may not be a great time for travel since Sagittarius rules long-distance travel (so maybe don't fly), but it can be good for visiting places you've been to before. There can be issues with education (Sagittarius rules higher learning), but it can be good for picking back up a course of study you've focused on before.

The retrograde begins just widely **trine Chiron in Aries**. With Chiron ruling wounds and healing and this being a beneficial aspect, we can go into the retrograde open to healing old wounds, and picking up old approaches that we tried before and want to try again. We can be more reflective and introspective, and can connect with our intuition and spiritual selves.

This Mercury retrograde begins at 22 degrees 40 minutes Sagittarius, so the aspects to it are:

Conjunction: 19 degrees 40 minutes - 25 degrees 40 minutes Sagittarius

Sextile: 19 degrees 40 minutes - 25 degrees 40 minutes Libra or  
Aquarius

Square: 19 degrees 40 minutes - 25 degrees 40 minutes Virgo or Pisces

Trine: 19 degrees 40 minutes - 25 degrees 40 minutes Aries or Leo

Opposition: 19 degrees 40 minutes - 25 degrees 40 minutes Gemini

This Mercury retrograde ends **trine Mars**, who is retrograde in Leo by then, and just widely **sextile Ceres** in Aquarius. Mars rules energy and drive, so we can come out of Mercury retrograde working well with the energy we have and finding the motivation we need, but with Mars also retrograde at this time, we might be energized in different ways, and find motivation in ways that worked for us in the past. Ceres rules nourishment, support, and resources, so we also come out of the Mercury retrograde better equipped to nurture ourselves and others, to maximize resources available to us, and finding new ways of getting and giving support.

The retrograde ends at 6 degrees 23 minutes Sagittarius, so the aspects to the turn direct are:

Conjunction: 3 degrees 23 minutes - 9 degrees 23 minutes Sagittarius

Sextile: 3 degrees 23 minutes - 9 degrees 23 minutes Libra or Aquarius

Square: 3 degrees 23 minutes - 9 degrees 23 minutes Virgo or Pisces

Trine: 3 degrees 23 minutes - 9 degrees 23 minutes Aries or Leo

Opposition: 3 degrees 23 minutes - 9 degrees 23 minutes Gemini

With the retrograde starting at 22 degrees and ending at 6 degrees Sagittarius, you get a direct hit by a major aspect during the retrograde if you have planets or points at 6 - 22 degrees of:

Conjunction: Sagittarius

Sextile: Libra or Aquarius

Square: Virgo or Pisces

Trine: Aries or Leo

Opposition: Gemini

Here are the **dates for aspects** using a 2 degree orb. Just look up the location of your natal planet or body by degree, and the dates you'll be impacted by the retrograde are listed below:

4 degrees: December 13th - 15th 2024

5 degrees: December 11th - 15th 2024

6 degrees: December 10th - 15th 2024

7 degrees: December 9th - 15th 2024

8 degrees: December 8th - 15th 2024

9 degrees: December 7th - 13th 2024

10 degrees: December 6th - 11th 2024

11 degrees: December 6th - 10th 2024

12 degrees: December 5th - 9th 2024

13 degrees: December 4th - 8th 2024

14 degrees: December 4th - 7th 2024

15 degrees: December 3rd - 6th 2024

16 degrees: December 2nd - 6th 2024

17 degrees: December 1st - 5th 2024



18 degrees: November 30th - December 4th 2024

19 degrees: November 28th - December 4th 2024

20 degrees: November 25th - December 3rd 2024

21 degrees: November 25th - December 2nd 2024

22 degrees: November 25th - December 1st 2024

23 degrees: November 25th - 30th 2024

24 degrees: November 25th - 28th 2024

## **Lesson 7: Mercury Retrograde in Sagittarius for the Signs**

**Aries:** If you want more space to do your own thing, pushing away others or running isn't the best way to get it. Try to work within your limitations, find small moments and opportunities, and work on opening up your mind to new knowledge, beliefs, customs, and perspectives. Opening your mind can help a lot.

**Taurus:** There can be something deep within that gets brought to the surface, and it can stimulate passionate, intense energy. Try to calm your emotions as best as you can, and work on a beneficial transformation. This can help you work through and resolve the matter, and you can move forward empowered.

**Gemini:** Others can get on your nerves more easily, and you may struggle with giving yourself some time on your own as you keep helping others. It can be good to improve your connections, but not if you're the only one working on it. Keep that in mind. You may want to connect with someone from the past too.

**Cancer:** Your schedule can be jam packed, and it can be difficult for you to prioritize your own wellness, but you should. If you don't you may feel burdened and overwhelmed. Make time for breaks, and perform routine maintenance in all ways. Have healthy outlets for stress, and don't demand too much from yourself.

Leo: Creative energy might be high, but you may struggle with focusing it productively. Try to make time for fun and to engage in your hobbies, and don't push yourself more than you need to for now. This can be a good time to reconnect with your heart and remind yourself how to enjoy life.

Virgo: Emotions can be strong, and you can give attention to something that is especially bothersome. This can help you work on understanding and releasing, and you can dig deeper inside of yourself to strengthen your core. You may want to make changes at home as well, and can get more breathing room.

Libra: There can be a lot on your mind, and this can make it hard for you to focus. You may have too much to think about, too many plans to make, too many ideas to form. Try to give your mind breaks, and just let it wander and fantasize. Open up lines of communication with others, and find other ways to look at situations.

Scorpio: Energy can be slow, and you may get annoyed by this, but it can be helpful for you to look around and see what is getting in the way of stability and security in your life. Once you do, you can work on it, and this helps increase your confidence. You can find new ways to use resources, and get access to old resources again.

Sagittarius: This retrograde occurs in your sign, which can mean you get thrown off by having too much on your shoulders and a lot of stress. Try to get organized as best as you can, stick to a schedule, and make time for breaks and rest. If you don't get rundown, you can focus on taking a second chance with something.

Capricorn: Others can be more draining on you than usual, and you may want to get more time to yourself. If you have to do anything demanding, give yourself extra time to get it done, and try to work alone if you can. This can help you work faster. Take quiet time to yourself to reflect and work on releasing.

Aquarius: The dreams you have for your future might be questioned, and this can make you insecure. Try to take a step back to see the whole picture, and give yourself some time away from it to get a better perspective. You may want to focus on an old goal again, reconnect with an old friend, rejoin a group, or pick back up an old cause.

Pisces: Responsibilities can weigh more heavily than usual, and you may need to get some time away from them. If you can't, try to find small breaks to give yourself some room. Work on blocks to your goals, and pick back up old goals. You can approach your goals in ways you have before and want to try again.

## **Lesson 8: Mars Retrograde in Leo & Cancer (December 2024 - February 2025)**

**Starts:** December 6th 2024 (6:33PM ET/3:33 PM PT) at 6 degrees 10 minutes Leo

**Enters Cancer:** January 6th 2025 (5:43AM ET/2:43AM PT)

**Ends:** February 23rd 2025 (9PM ET/6PM PT) at 17 degrees 0 minutes Cancer

**Shadow period:** October 4th 2024 - May 2nd 2025

**Stations retrograde:** December 1st - 11th 2024

**Stations direct:** February 11th - March 8th 2025

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Mars retrograde begins in fire sign **Leo**, and Leo is the sign ruling who and what we love. This is a creative, romantic, affectionate sign, and Mars retrograde can throw some blocks. We may fight more with loved ones, and can struggle with expressing affection properly. We may demand more attention and praise, and can be clingy and desperate. Creatively, we may struggle to find the time for creative projects and hobbies, which can be frustrating, and we may be tempted to push away all work and responsibility to get as much time to play as possible, but this doesn't end up being good for us.

Balancing work and play is always important with challenging Leo since we tend to sway to one extreme over the other. We need to make sure we have enough time to get done what needs to be done, but also enough time to tend to our hearts and bring joy into our lives. Issues that get in the way of that balance can seem more obvious, and maybe more annoying, during this time.

When it comes to love and romance, we need to be more considerate of those in our lives and less pushy. Clinging doesn't help, and likely drives them away. Being demanding just makes it worse. Some will likely walk away from a love relationship during this time, while others can reconnect with an old love and reignite flames.

Mars retrograde moves to **Cancer** on January 6th 2025, and spends the rest of the retrograde in this water sign. Cancer is the ruler of emotions, so our emotions can be quite strong. We may hold back at times, but then blow up when we finally unload. We're mostly too sensitive and too quick to jump to emotional responses though, and need to take care of ourselves emotionally. We likely need more support, from ourselves and others. Something might be impacting us at our core, and we can work on that and try to find a healthy resolution.

Cancer rules foundations, so we may feel that the foundation of something is shaky and needs more attention. Once we strengthen it, this can also make us feel more emotionally stable and secure. We may

want to stick to our comfort zones so we don't disrupt ourselves internally more.

Cancer rules the home and family, so there can be issues at home, little things needing to be fixed or changes that need to be made, and issues with family and those we think of as family can grow. We can work on them, or we can fight and ignore it.

During Mars retrograde, Mars doesn't conjunct any other planets, but there is a **Full Moon in Cancer on January 13th 2025** that is widely conjunct Mars in Cancer. Cancer is naturally ruled by the Moon, and Full Moons are tied to emotions, and this is strongest during Full Moons in water signs, which Cancer is. This can be extra strong though with Mars involved, and we have to be more mindful of anger and hurt. We may rush to yell and scream and shout, but this may not help as much as we think it will at the moment. Try screaming in your car or in your pillow and ask yourself what is making you feel so upset. Work on that, and the frustration can subside.

Interestingly, the day after Mars retrograde starts, Neptune retrograde ends and both Venus and Ceres enter Aquarius (December 7th). Neptune retrograde ending is great for lifting the fog that likes to settle in while Neptune is retrograde, but since Mars and Mercury are both retrograde, that fog may not lift as quickly as it normally does, and we may still have some issues with being realistic.

Venus and Ceres entering Aquarius on the same day helps bring more attention to Aquarius, and this is big for the year since Pluto enters Aquarius to stay just a few weeks before this retrograde starts. Ceres entering Aquarius is also big because Ceres spends such a long time in Capricorn thanks to a retrograde, so going into Aquarius really shuts the book on something and moves into a new chapter. Venus brings pleasant energy to the mix, and we can try to work well together. With this happening as Mars retrograde starts, we may try to tamp down on the aggressive nature of Mars and take a wider perspective of things. This helps us become more objective, and less impulsive. With Ceres moving on, we may be starting something else, finally; but with Mars and Mercury retrograde at the same time, we're also still looking back. In some ways, we're moving on, and in others, we're not.

This Mars retrograde begins at 6 degrees 10 minutes Leo, so the aspects to it are:

Conjunction: 3 degrees 10 minutes - 9 degrees 10 minutes Leo

Sextile: 3 degrees 10 minutes - 9 degrees 10 minutes Gemini or Libra

Square: 3 degrees 10 minutes - 9 degrees 10 minutes Taurus or Scorpio

Trine: 3 degrees 10 minutes - 9 degrees 10 minutes Aries or Sagittarius

Opposition: 3 degrees 10 minutes - 9 degrees 10 minutes Aquarius



This Mars retrograde ends **trine Mercury** in Pisces and widely **trine Saturn** in Pisces. This is very helpful for coming out of the retrograde, and the trine to Mercury can give us a chance to say what we need to and find a way to express ourselves that doesn't cause drama.

Communication can flow, and we can be more engaging. The wide trine to Saturn helps with discipline, so we can strive to get back on track quickly.

The retrograde ends at 17 degrees 0 minutes Cancer, so the aspects to the turn direct are:

Conjunction: 14 degrees 0 minutes - 20 degrees 0 minutes Cancer

Sextile: 14 degrees 0 minutes - 20 degrees 0 minutes Taurus or Virgo

Square: 14 degrees 0 minutes - 20 degrees 0 minutes Aries or Libra

Trine: 14 degrees 0 minutes - 20 degrees 0 minutes Scorpio or Pisces

Opposition: 14 degrees 0 minutes - 20 degrees 0 minutes Capricorn

With the retrograde starting at 6 degrees Leo and ending at 17 degrees Cancer, you get a direct hit by a major aspect during the retrograde in Leo if you have planets or points at 0 - 6 degrees of:

Conjunction: Leo

Sextile: Gemini or Libra

Square: Taurus or Scorpio

Trine: Aries or Sagittarius

Opposition: Aquarius

And you get a direct hit by a major aspect during the retrograde in Cancer if you have planets or points at 17 - 29 degrees of:

Conjunction: Cancer

Sextile: Taurus or Virgo

Square: Aries or Libra

Trine: Scorpio or Pisces

Opposition: Capricorn

Here are the **dates for aspects** using a 2 degree orb. Just look up the location of your natal planet or body by degree, and the dates you'll be impacted by the retrograde are listed below First for Mars retrograde in Leo:

0 degrees: December 28th 2024 - January 6th 2025

1 degree: December 24th 2024 - January 6th 2025

2 degrees: December 19th 2024 - January 6th 2025

3 degrees: December 11th 2024 - January 3rd 2025

4 degrees: December 6th - 31st 2024

5 degrees: December 6th - 28th 2024

6 degrees: December 6th - 24th 2024

7 degrees: December 6th - 19th 2024

8 degrees: December 6th - 11th 2024

And here are the dates for aspects with Mars retrograde in Cancer:

17 degrees: February 2nd - 23rd 2025

18 degrees: January 30th - February 23rd 2025

19 degrees: January 27th - February 23rd 2025

20 degrees: January 24th - February 11th 2025

21 degrees: January 21st - February 6th 2025

22 degrees: January 18th - February 2nd 2025

23 degrees: January 16th - 30th 2025

24 degrees: January 13th - 27th 2025

25 degrees: January 11th - 24th 2025

26 degrees: January 8th - 21st 2025

27 degrees: January 6th - 18th 2025

28 degrees: January 6th - 16th 2025

29 degrees: January 6th - 13th 2025

## Lesson 9: Mars Retrograde for the Signs

Aries: Mars is your ruler, so you're likely not a fan of Mars retrograde and can feel off throughout. Go easy on yourself, and try to have a healthy outlet for frustrations. Bring creativity to everything you do while Mars is retrograde in Leo, and work on giving yourself support and taking care of your own needs while Mars is retrograde in Cancer.

Taurus: The things you feel can cause you to take action, and you may not think about it too much while Mars is retrograde in Leo. This can lead to being subjective and impulsive, so try to avoid that. Focus on what you're feeling and try to understand where it comes from. You may need to keep your mind occupied while Mars is retrograde in Cancer, and can be quick to fight, so watch your words.

Gemini: You can be easily scattered while Mars is retrograde in Leo, and you may need to both give your mind breaks and make sure it's got enough variety of projects to stay interested. If you can do that, you can avoid fights, otherwise you may have a quick temper. Mars retrograde in Cancer can slow this down, but you can become frustrated by the lack of movement in your life. Don't lash out, and try to reconnect with the moment.

Cancer: Mars retrograde in Leo can make you feel stuck, and you may feel like pushing hard against someone or something, but this likely only

causes problems if you don't think it through. Mars goes on to retrograde in your sign, and this can stimulate anger and frustration, so try to have healthy outlets for stress and upset. Get to the core of what's bothering you.

Leo: The Mars retrograde starts in your sign, and this can lead to lots of frustrations and aggravations. You may have a hard time with your energy, and it can be too high when you need to relax and too low when you need to act. Try to get to the heart of what is causing this. Mars retrograde in Cancer can zap your energy to give you a chance to reflect and understand.

Virgo: Energy can be frustrating while Mars is retrograde in Leo, and you can have a hard time having the energy you need when you need it. You likely need to spend extra time resting and recharging, and get away from demanding people. Something from the past can come back and you become aware of how you have stood in your own way. Mars retrograde in Cancer can make you more rebellious, but also more open to change.

Libra: It can be extra frustrating if it feels like anyone is trying to box you in while Mars is retrograde in Leo, and you can push for more independence. This can be a great time to break out of a rut, but you do need to make sure you're not being a brat about it. Mars retrograde in

Cancer can bring attention to your goals and direction, and you may need to reassess your approach.

Scorpio: There can be blocks in your path while Mars is retrograde in Leo, and these likely aren't permanent, and instead want you to make sure your plans are sound and your dedication is true. If you haven't done things the right way and for the right reasons, there can be extra issues to work on. Mars retrograde in Cancer can prompt you to think bigger, but you may want to run and that doesn't help. Work with what you've got.

Sagittarius: Getting the space you need can be more important when Mars is retrograde in Leo, and you may want to run away from responsibilities to get it, but that just leads to more issues. Be creative with the time you have, and open your mind. Mars retrograde in Cancer can bring attention to something deep inside of you, and you may need to work on being more serious and focused with it. A transformation might be required of you, and this can be daunting but empowering.

Capricorn: There can be something serious that you have to address with Mars retrograde in Leo, and you may want to avoid it, but this just makes it worse. Face it, and work on solving it. That can help you get some relief. Mars retrograde in Cancer can bring attention to challenges in a relationship or partnership, and you may need to make a compromise. Try to avoid being aloof about it, and take it seriously.

Aquarius: The people in your life may need more attention with Mars retrograde in Leo, and they can get on your nerves and be quite frustrating. You may need to be more understanding, and work on better balance. You can also feel inclined to reconnect with someone from the past. Mars retrograde in Cancer turns your attention to work, and you may feel stressed out about something. Try to prioritize your wellness, and take care of yourself.

Pisces: Anxiousness can be high with Mars retrograde in Leo, and you may struggle with calming yourself down. Try to have healthy outlets for stress and upset, and make time for breaks and to get enough rest. Try to treat your body well, and improve your regimen. Mars retrograde in Cancer can make you crave more fun and time away from work. If you can get the time away, that can be good, but if you can't, try to bring some fun into your daily life so you don't get as frustrated.

## Lesson 10: Ceres Retrograde in Capricorn (May - August 2024)

**Starts:** May 15th 2024 (1:34AM ET/May 14th 10:34PM PT) at 21 degrees 33 minutes Capricorn

**Ends:** August 26th 2024 (3:37AM ET/12:37AM PT) at 7 degrees 29 minutes Capricorn

**Shadow period:** February 29th - November 11th 2024

**Stations retrograde:** May 1st - 28th 2024

**Stations direct:** August 13th - September 8th 2024

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The Ceres retrograde occurs entirely in earth sign **Capricorn**, the sign of long-term goals, ambitions, and direction. Since Ceres is a dwarf planet ruling nourishment, support, and resources, this means we may struggle to feel supported with our goals and what we want to achieve. We may lack the resources we need to make progress, and we may feel we're not nurturing success. We may feel overwhelmed by responsibility, and this can weigh heavily on us, too heavily. We want to run from it, but we can't, and feel stifled and restricted.

It's important that we don't let limitations and duties strip us down to the bone. There may be less options, but that doesn't mean there are none; and we may have responsibilities, but that doesn't mean we can't do anything for ourselves ever.



We need to nurture ourselves and make sure we're nourished, in healthy, disciplined ways. No going overboard, but also no depriving ourselves. Find that middle ground, that sweet spot, and maintain good intentions and consideration of others.

This can be a good time to pick back up old goals, and nurturing them can make them feasible. Progress might be slow with new goals, but they can pick up quickly when coming out of the retrograde if we do things the right way and for the right reasons.

Capricorn is also naturally ruled by Saturn, who rules our lessons in life, so we may also become aware of some lessons that we need to work on or haven't addressed impacting our ability to get and give support, to feel nourished, and to have what we need.

As for resources, we may pick back up an old resource we used to have, or use an approach to get resources that we've used in the past. We may have to make do with less, but can get creative, and if we stay responsible, this can lead to way more options opening up later.

The retrograde begins **trine Uranus and Venus** in Taurus, and **square Chiron** in Aries (which goes exact May 16th). The trines to Uranus and Venus help us to find new ways of nurturing and nourishing ourselves and others, and we can improve our connections and get help. The

square to Chiron, on the other hand, can show that old baggage and issues are making us feel unsupported and misunderstood, and we have to work on tending to that. We need to open up to healing that can help us feel supported, and we may work on healing in different ways.

This Ceres retrograde begins at 21 degrees 33 minutes Capricorn, so the aspects to it are:

Conjunction: 18 degrees 33 minutes - 24 degrees 33 minutes Capricorn

Sextile: 18 degrees 33 minutes - 24 degrees 33 minutes Scorpio or Pisces

Square: 18 degrees 33 minutes - 24 degrees 33 minutes Aries or Libra

Trine: 18 degrees 33 minutes - 24 degrees 33 minutes Taurus or Virgo

Opposition: 18 degrees 33 minutes - 24 degrees 33 minutes Cancer

This Ceres retrograde ends widely **trine the Sun** in Virgo. This helps us come out of the retrograde feeling more comfortable, and putting ourselves at ease. We can focus on what we connect with personally, and what makes us feel good. We can make sure our needs are being met, and we're nourished now.

The retrograde ends at 7 degrees 29 minutes Capricorn, so the aspects to the turn direct are:

Conjunction: 4 degrees 29 minutes - 10 degrees 29 minutes Capricorn

Sextile: 4 degrees 29 minutes - 10 degrees 29 minutes Scorpio or Pisces

Square: 4 degrees 29 minutes - 10 degrees 29 minutes Aries or Libra

Trine: 4 degrees 29 minutes - 10 degrees 29 minutes Taurus or Virgo

Opposition: 4 degrees 29 minutes - 10 degrees 29 minutes Cancer

With the retrograde starting at 21 degrees and ending at 7 degrees Capricorn, you get a direct hit by a major aspect during the retrograde if you have planets or points at 7 - 21 degrees of:

Conjunction: Capricorn

Sextile: Scorpio or Pisces

Square: Aries or Libra

Trine: Taurus or Virgo

Opposition: Cancer

Here are the **dates for aspects** using a 2 degree orb. Just look up the location of your natal planet or body by degree, and the dates you'll be impacted by the retrograde are listed below:

5 degrees: August 13th - 26th 2024

6 degrees: August 3rd - 26th 2024

7 degrees: July 27th - August 26th 2024

8 degrees: July 22nd - August 26th 2024

9 degrees: July 17th - August 26th 2024

10 degrees: July 12th - August 13th 2024

- 11 degrees: July 7th - August 3rd 2024
- 12 degrees: July 3rd - 27th 2024
- 13 degrees: June 28th - July 22nd 2024
- 14 degrees: June 23rd - July 17th 2024
- 15 degrees: June 18th - July 12th 2024
- 16 degrees: June 13th - July 7th 2024
- 17 degrees: June 6th - July 3rd 2024
- 18 degrees: May 28th - June 28th 2024
- 19 degrees: May 15th - June 23rd 2024
- 20 degrees: May 15th - June 18th 2024
- 21 degrees: May 15th - June 13th 2024
- 22 degrees: May 15th - June 6th 2024
- 23 degrees: May 15th - 28th 2024

## Lesson 11: Ceres Retrograde for the Signs

Aries: There can be blocks on your path, and you may feel insecure because of this, but you likely need to slow down a little so you can assess your plans and make sure they're realistic. You can give yourself support as you take small steps toward what you want to achieve, and this can help you feel more secure.

Taurus: Getting the space you need to have the experiences you want might be challenging during this retrograde, and you likely need to work within the limitations you have. If you can do that, you can free yourself up, and having small adventures can nourish you and make you feel more secure.

Gemini: Deeply-held issues that have gotten in the way of making you feel supported and secure can become more obvious, and you can take time to dig into it and get to the heart. The more you understand, the more likely you are to figure out how you can transform. Empower yourself, and give yourself the support you need.

Cancer: Your relationships may need more support, and you can focus on trying to improve the ones that have been depleted lately. You can give more support to those you care about, but they might demand more than you can give, so try to be mindful of boundaries. Try to restore balance in your life, and this can nourish you.

Leo: Not getting the support you need and nurturing yourself can make you feel stressed out and anxious. Try to focus on small ways to get the nourishment you need, and bring this to your daily life so you always feel supported. Structure and order might help you feel more secure, and make time for breaks so you have adequate rest.

Virgo: Being creative can help you feel more nourished, but you may not have as much time as you'd like to be creative. Try to bring creativity into everything you do, no matter how mundane. Connect with your heart, and this can help you nurture yourself. Taking care of your heart can be the key to having what you need.

Libra: You may lack resources you need at home or with family, and you may not feel as connected to your support system, which can make you more emotional. Try to improve matters at home, and give support to those you think of as family. Strengthen your support system in different ways, and this can open up more for you.

Scorpio: Getting support for your ideas and plans can be difficult to find, and you may struggle with feeling confident in what you come up with as a result. You may need to make more time to nourish your mind in different ways, and to come up with unconventional ideas to use resources you have to give yourself the support you need.

Sagittarius: You may feel disconnected with your resources, your body, and the physical world, and need to get to the root cause. Don't become stubborn about it and work on a solution. Surrounding yourself with abundance might help, and you can make the most of what you have to improve stability and security.

Capricorn: This retrograde is in your sign, and you may lack the support you want, the resources you need, and feel nourishment is hard to find. Try to find different ways to nourish yourself, or ways you have used successfully in the past. You may want to focus on a second chance, and can get support for that. You can pick back up an old resource as well, and find different ways to use the ones you still have.

Aquarius: Getting time alone can be important to nourish yourself during this retrograde. Other people and situations might drain you, and getting time alone can allow you to reflect and recharge. You might be easily taken advantage of by others as well, especially emotionally or financially, so try to work on healthy boundaries. Get introspective and consider old issues that might be impacting nourishment and support now.

Pisces: Work on nurturing your independent side, your quirky self, and your unconventional approaches. You may feel unsupported when it comes to being true to yourself and what makes you different, and you may need to take a step back and find support in ways that you have

before, or experiment with finding a new support system. Your dreams for the future may also need to be nurtured, and you may need to make changes for them.



## **Lesson 12: Jupiter Retrograde (October 2024 - February 2025)**

**Starts:** October 9th 2024 (3:04AM ET/12:04AM PT) at 21 degrees 20 minutes Gemini

**Ends:** February 4th 2025 (4:40AM ET/1:40AM PT) at 11 degrees 17 minutes Gemini

**Stations Retrograde:** October 6th - 11th 2024

**Stations Direct:** February 1st - 6th 2025

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Jupiter is in Gemini for this retrograde, and this is the only retrograde to occur with Jupiter in Gemini. Jupiter retrogrades about once every year for about 4 months or so at a time, and Jupiter retrograde tends to constrict opportunities. Jupiter is the planet of expansion, so when retrograde, we're not as expansive as usual. Opportunities can dry up, it can be hard to find new options, or we may have limited thinking. We can be much lazier than usual as well, and lack the motivation we need to take action.

With Jupiter in Gemini, this can impact our minds, communication, expression, and focus. We may not pursue the ideas we come up with or take action with the plans we have. We may lack confidence in them, and leave them for later when we can focus and revamp. When we do

take action, we may lack the drive to see it through, or get scattered easily.

Jupiter retrograde can be surprisingly spiritual in nature, and karma gets kicked up, but not in a super challenging way like with the other planets (\*cough\* Saturn \*cough\*). We have an easier time connecting with spiritual and karmic energy during Jupiter retrograde, and may want more quiet time to reflect and be introspective.

With this in Gemini, this may require looking back at old decisions, analyzing communications, and considering how your views have changed. You may want to look at things differently and try out different ways of expressing yourself.

This Jupiter retrograde begins trine transit Mercury in Libra, which can be quite helpful. Mercury is the natural ruler of Gemini, and is especially strong at that time thanks to the Libra Solar Eclipse on October 2nd conjunct Mercury. Going into Jupiter retrograde, this can be a big time for news, information, knowledge, and expression. Whatever pops up now can carry into the Jupiter retrograde, and we can explore it spiritually, karmically, and work on understanding.

The retrograde starts at 21 degrees 20 minutes Gemini, so the aspects to it are:

Conjunction: 18 degrees 20 minutes - 24 degrees 20 minutes Gemini

Sextile: 18 degrees 20 minutes - 24 degrees 20 minutes Aries or Leo

Square: 18 degrees 20 minutes - 24 degrees 20 minutes Virgo or Pisces

Trine: 18 degrees 20 minutes - 24 degrees 20 minutes Libra or Aquarius

Opposition: 18 degrees 20 minutes - 24 degrees 20 minutes Sagittarius

Jupiter turns direct in February, and what do you know, it's also trine Mercury, but this time in Aquarius. So, the start and end of this retrograde tie into each other, and whatever is focused on at the start can remain to the end.

The turn direct is at 11 degrees 17 minutes Gemini, so the aspects to it are:

Conjunction: 8 degrees 17 minutes - 14 degrees 17 minutes Gemini

Sextile: 8 degrees 17 minutes - 14 degrees 17 minutes Aries or Leo

Square: 8 degrees 17 minutes - 14 degrees 17 minutes Virgo or Pisces

Trine: 8 degrees 17 minutes - 14 degrees 17 minutes Libra or Aquarius

Opposition: 8 degrees 17 minutes - 14 degrees 17 minutes Sagittarius

During the retrograde, Jupiter only makes one aspect to the other slower planets, and that's a **square to Saturn** in Pisces on December 24th. With Jupiter ruling expansion and Saturn ruling restriction, this can bring difficulties with balancing the two, yet it's more important to do so. With Jupiter retrograde at this time and Saturn not, that gives Saturn the advantage, and we can tend to be extra restrictive at this time. This means we have to work harder at seeing the big picture, being

optimistic, and opening our minds. This would be a good time to work through some past issues that have made this a problem for you in some part of your life before.

The square occurs with both at 14 degrees, and you can feel it most challenging if you have any planets or bodies at 11-17 degrees of Gemini, Virgo, Sagittarius, or Pisces. Whatever the planet or body rules, focus on opening up more and working through an old issue.

## Lesson 13: Jupiter Retrograde for the Signs

Aries: Jupiter in Gemini is bringing a lot of attention to your mind, and lots of mental activity. While retrograde, this can slow a little, and you may need to give yourself more time to sort through ideas and finalize plans. Try to avoid jumping into a decision, and be smart about your choices. Maximize the knowledge you have, and work on old insecurities impacting your ability to express yourself.

Taurus: Jupiter in Gemini helps you slow down, improve stability, and gives you new resources. While Jupiter is retrograde in Gemini, you can slow down further, and give more attention to blocks to stability. This may mean focusing on old issues, or getting a sense of karmic baggage that needs to be released. This can also be a period where you need to ground yourself more often so you feel more secure.

Gemini: Jupiter in your sign brings lots of opportunities to expand and embark on new beginnings. While retrograde, you may need to slow down a little and assess. Make sure what you're pursuing is the right call and that there isn't anything that can get in the way. Work through old issues that may have hindered your ability to take the initiative or impacted your confidence.

Cancer: Jupiter in Gemini may push you to get more time to yourself to rest and recharge, and while Jupiter is retrograde in Gemini, this can be

extra strong. You likely need more time for solitude and reflection, and you can ponder the past and try to understand. Your intuition can be strong, and you can sense which baggage to work on and how you can best let go.

Leo: Jupiter in Gemini can bring new friends and more focus on the future. While retrograde, there can be uncertainty about where you're going and what you want, and old issues can get in the way. Don't give up hope, and try to work on the block. There can be something from the past that makes you feel you can't succeed, and you need to work through this.

Virgo: Jupiter in Gemini focuses on your goals and helps you hit new heights and make progress. With Jupiter retrograde in Gemini, you may need to focus on subconscious blocks, old baggage that is getting in the way, or ways you've stood in your own way of success. Understanding and working on releasing helps. You may also need to work on your responsibilities, and how you approach them or avoid them.

Libra: Jupiter in Gemini is extra expansive for you, and opens you up to new experiences and opportunities. While retrograde, you may want to work on blocks and old issues that have gotten in the way of you being able to pursue new adventures and explore. These issues can be tied to the past, or may involve some karmic baggage that needs to be let go of.

Scorpio: Jupiter in Gemini digs deeper into your psyche to help you transform and evolve. Jupiter retrograde in Gemini can push you to go further, to find more that is hidden underneath, and to explore what you've run away from. This can help with new ideas for transformation, and you can get more control as you uncover more.

Sagittarius: Jupiter in Gemini focuses on your relationships and connections, bringing new people into your life and new commitments. While retrograde, you may want to work on relationship and commitment issues, existing now in your connections and from the past. There can be some karmic energy at play in one of your relationships, and that can be understood and released.

Capricorn: Jupiter in Gemini is expansive for your work and daily life. While Jupiter is retrograde in Gemini, you may need to drill down on one project to stay focused, otherwise you may not see things through with too much on your plate. This can be an important period to focus on taking better care of yourself, tending to your overall wellness, and improving stress management.

Aquarius: Jupiter in Gemini stimulates your creativity and expands your heart. While retrograde, you may have to slow down on creative pursuits and pick one or two to give your attention to, otherwise you can get scattered and unfocused. Inspiration can be really high though, so this

can be a good period for letting the subtle energies around you bring new inspiration.

Pisces: Jupiter in Gemini targets your home and family life, helping you expand and bring more comfort. While Jupiter is retrograde in Gemini, you may pull back, and want to take more time to get to your core. You can address emotional triggers and old issues, and this helps to strengthen you internally. Give yourself comfort and support, and focus on ways to expand your support system.



## Lesson 14: Saturn Retrograde (June - November 2024)

**Starts:** June 29 2024 (3:06PM ET/12:06PM PT) at 19 degrees 26 minutes

**Ends:** November 15 2024 (9:21AM ET/6:21AM PT) at 12 degrees 42 minutes

**Stations Retrograde:** June 27th - July 1st 2024

**Stations Direct:** November 11th - 19th 2024

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Saturn retrogrades every year for about 4 ½ months at a time. Saturn retrograde doubles down on the restrictive energy of Saturn, and we can feel extra limited. It can be difficult to find any options to get out from underneath the weight of our lives, and responsibilities can be overwhelming quickly.

Saturn is in Pisces, and Pisces is an emotional water sign, highly intuitive and spiritual. Saturn retrograde in Pisces is suuuper karmic, and it can be important to work on early life and past life emotional and karmic baggage. It can be pretty obvious what is weighing the most of you when you assess what you're bothered most by, so take that time to assess, otherwise you may stay in your own way subconsciously.

This Saturn retrograde can demand that we pay close attention to the lessons we need to learn, and work on the blocks to learning them.

These can be subconscious, from the past, and feel deeply embedded within. But as long as we don't work on them, Saturn can keep squeezing us and make us feel even more restricted.

This can be serious energy, but if we can work through the issues and blocks, the emotional and karmic baggage, and do things the right way no matter what, that can help. Try connecting to your intuition as well, and see what blocks may be hindering you there. Opportunities may still wait to come after the retrograde ends, but at least they won't be delayed longer than that.

The retrograde begins at 19 degrees 26 minutes Pisces, so the aspects are:

Conjunction: 16 degrees 25 minutes - 22 degrees 26 minutes Pisces

Sextile: 16 degrees 25 minutes - 22 degrees 26 minutes Taurus or Capricorn

Square: 16 degrees 25 minutes - 22 degrees 26 minutes Gemini or Sagittarius

Trine: 16 degrees 25 minutes - 22 degrees 26 minutes Cancer or Scorpio

Opposition: 16 degrees 25 minutes - 22 degrees 26 minutes Virgo

The turn direct occurs at 12 degrees 42 minutes Pisces, so the aspects are:

Conjunction: 9 degrees 42 minutes - 15 degrees 42 minutes Pisces

Sextile: 9 degrees 42 minutes - 15 degrees 42 minutes Taurus or Capricorn

Square: 9 degrees 42 minutes - 15 degrees 42 minutes Gemini or Sagittarius

Trine: 9 degrees 42 minutes - 15 degrees 42 minutes Cancer or Scorpio

Opposition: 9 degrees 42 minutes - 15 degrees 42 minutes Virgo

The start and end of Saturn retrograde doesn't make any aspects to the other transit planets. During Saturn retrograde, Saturn will **square transit Jupiter in Gemini on August 19th 2024 at 17 degrees**. Jupiter isn't retrograde for this hit, while it's flipped and Jupiter is retrograde while Saturn isn't for the December square. The restrictive energy of Saturn can still be strong, however Jupiter is in a power position here, so this can expand on issues that arise and make it harder to take control. Finding balance is crucial, and maintaining discipline with whatever you do.

This can be strongest for you if you have any natal planets or bodies between 14 and 20 degrees of Pisces, Virgo, Gemini, or Sagittarius.

There is also a **Pisces Lunar Eclipse** while Saturn is retrograde in Pisces on September 17th 2024 (10:35PM ET/7:35PM PT @ 25 degrees 41 minutes Pisces), though it isn't conjunct Saturn. Still, this makes it even more important to work through issues, baggage, and karma. Those are all important things with Lunar Eclipses and with retrogrades and with

Pisces, so put them together, and it's a trifecta. This eclipse can at least trigger subconscious movement, and so focus on what you can work through that requires you to dig especially deep.

## Lesson 15: Saturn Retrograde for the Signs

Aries: Saturn in Pisces has likely made you want more time to yourself to work through old issues and baggage, and this can be amplified while Saturn is retrograde. You can become even more aware of issues and blocks, and can tap into your subconscious mind, your intuition, and your spiritual self for insights.

Taurus: Saturn in Pisces has likely brought more attention to your dreams for the future and your independent self, and while retrograde, you can become more aware of issues that are holding you back from being true to who you are. Blocks that make you question your future and give up on your dreams can be addressed, and there might be something karmic at play to work on.

Gemini: Saturn in Pisces has likely brought more attention to your goals and ambitions, and this is one of the best periods for success in your life. While retrograde, this slows, and you can take more time to work on your plans, to gather information, and to improve your confidence. If major blocks pop up, you may need to redo your plans entirely.

Cancer: Saturn in Pisces may have brought more attention to your beliefs and ability to expand, and while retrograde, you may struggle with getting the space you need when you need it, and feel limited with what you can pursue. You may need to work on being better disciplined

with opportunities so you don't waste them, and have a healthy connection to your beliefs as they reflect your true self.

Leo: Saturn in Pisces has likely made you deal with what is hidden deep within that you've run away from, and this can be stronger while retrograde. You may struggle with anything and everything if you run away from baggage that needs to be addressed. Dig deep, and this can open up major transformations that benefit you down the line.

Virgo: Saturn in Pisces has likely brought more attention to your connections and commitments, and while retrograde, you can become more aware of issues you have with others, challenging connections, and commitment issues. There can be some karmic baggage to work on or release with someone else, and this can lead to growing closer or walking away.

Libra: Saturn in Pisces has likely focused on your work and daily life, and while retrograde, you may feel extra limited and restricted on a daily basis and with whatever work you do. Too much may fall on your shoulders, and it can be easy to be overwhelmed, so try to give yourself plenty of breaks and rest. Take good care of yourself.

Scorpio: Saturn in Pisces has likely focused on matters of the heart and creativity, and while retrograde, you may become more aware of emotional, spiritual, and karmic blocks to both. You may need to be

more reflective with them, and find healthy ways to lighten up your heart. As you release, you can feel more inspired.

Sagittarius: Saturn in Pisces has likely focused on home, family, and emotional matters, and while retrograde, this can make you more emotional, yet you may hide this more than usual. Something from the past may be triggering you, and you can feel shaky internally if you don't work it through. It can be more important to release emotionally.

Capricorn: Saturn in Pisces has likely targeted your outlook, made you more practical, and made your mind more disciplined, and while retrograde, you may need to tackle issues that have kept you from fully expressing yourself or utilizing your imagination. There can be spiritual, karmic, or early life blocks in the way, and this can be addressed. Also note that Saturn is your ruler, so you may also generally feel off in a subtle way during this retrograde.

Aquarius: Saturn in Pisces has likely focused on your resources and security, and while retrograde, you may need to work on old patterns, whether from early life or past lives, that are getting in the way. It can feel like things are stalled in the meantime, and this can impact your confidence.

Pisces: Saturn in your sign makes it more important for you to do things right and put yourself on the right path, and while retrograde, you can

become more aware of blocks you have in general in life. While restrictions may seem stronger, putting in the work can make a bigger impact.



## Lesson 16: Uranus Retrograde (September 2024 - January 2025)

**Starts:** September 1st 2024 @ 11:18AM ET/8:18AM PT at 27 degrees 15 minutes Taurus

**Ends:** January 30th 2025 @ 11:22AM ET/8:22AM PT at 23 degrees 16 minutes Taurus

**Stations Retrograde:** August 26th - September 7th 2024

**Stations Direct:** January 24th - February 4th 2025

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Uranus retrogrades every year for about 5 months at a time, and since Uranus is the planet of change, Uranus retrograde slows changes down. It can take longer to make changes happen, and there can be a lack of opportunities to pursue the change you want, and plentiful changes that you don't want occur.

Uranus is in Taurus, and has been for some time, targeting our resources, security, and confidence to be changed in some way. With Uranus retrograde in Taurus, this can make those changes slow down, and things might seem stagnant with our resources, security, and confidence.

Uranus retrograde tends to be a frustrating time where we get changes we don't want and lack changes we do want. This often means an

increase in impulsive, impatient energy, and we can lash out when we really shouldn't and only make things worse.

The best thing to do during Uranus retrograde is to make changes, but small ones. Break down what you want to pursue into tiny steps, and start with them one at a time. It may seem like progress isn't being made initially, but it can add up over the 5 months.

Uranus retrograde begins sextile Neptune, who is anaretic in Pisces at the time. There are 30 degrees in every Zodiac sign, and 29 degrees is the last degree and called the anaretic degree. This is supercharged energy in transit, so Neptune is super strong at this point in the year.

The sextile to Uranus retrograde is beneficial though, so we can make use of the spiritual, intuitive, creative, and compassionate side of Neptune in ways that are unconventional, unusual, experimental, or different with Uranus.

Uranus retrograde begins at 27 degrees 15 minutes Taurus, so the aspects are:

Conjunction: 24 degrees 15 minutes - 29 degrees 59 minutes Taurus

Sextile: 24 degrees 15 minutes - 29 degrees 59 minutes Cancer or Pisces

Square: 24 degrees 15 minutes - 29 degrees 59 minutes Leo or Aquarius

Trine: 24 degrees 15 minutes - 29 degrees 59 minutes Virgo or Capricorn

Opposition: 24 degrees 15 minutes - 29 degrees 59 minutes Scorpio

Uranus direct is sextile transit Mars in Cancer, who is retrograde at the time (and this is exact on January 23rd at 23 degrees). Mars is the planet of energy and drive, so this helps give us more energy and drive as we come out of Uranus retrograde. We want to take the initiative and get things moving quickly with any changes we want to make. With Mars being retrograde, we can go about this in a different way, and may not be too loud about it, and instead move quietly.

Uranus direct occurs at 23 degrees 16 minutes Taurus, so the aspects are:

Conjunction: 20 degrees 16 minutes - 26 degrees 16 minutes Taurus

Sextile: 20 degrees 16 minutes - 26 degrees 16 minutes Cancer or Pisces

Square: 20 degrees 16 minutes - 26 degrees 16 minutes Leo or Aquarius

Trine: 20 degrees 16 minutes - 26 degrees 16 minutes Virgo or Capricorn

Opposition: 20 degrees 16 minutes - 26 degrees 16 minutes Scorpio

During Uranus retrograde, Uranus won't aspect any of the other slow-moving planets.

## Lesson 17: Uranus Retrograde for the Signs

Aries: Uranus in Taurus has been shaking things up for you when it comes to how you use your resources, what you have, and how you feel stable and secure. While retrograde, this can bring some unexpected impact to your resources and security, and you may need to take it easy with changes you make. Be okay with going slowly.

Taurus: Uranus in your sign has been bringing lots of changes over recent years for your life, and while retrograde, this likely slows those changes down. This can give you a chance to adjust, though it can also make you more frustrated at times. Try to work on smart plans and go one step at a time.

Gemini: Uranus in Taurus has likely helped you make changes behind the scenes and on your own, and while retrograde, you can slow this down and make sure others aren't getting in the way. There might be something that needs to be released or understood before you can get moving with new changes.

Cancer: Uranus in Taurus has likely brought changes with your individuality, dreams, and friendships, and while retrograde, you can carefully choose your next steps. You may want to work on small changes to make progress with your dreams, and can address karmic issues in relationships.

Leo: Uranus in Taurus has likely brought changes with your goals and direction, and while retrograde, you can feel that this slows down. You might interpret this as a block on your path, and if it really is, work on why. It might also just be a chance to reflect and make tweaks to your plans going forward.

Virgo: Uranus in Taurus has likely changed your ability to expand and made you much more independent, and while retrograde, you may feel less able to venture out on your own. You may need to work on blocks first, and be okay with small changes. Try to avoid jumping into anything without thinking it through.

Libra: Uranus in Taurus has likely brought massive changes that have transformed you or your life, and while retrograde, this gives you a chance to dig deeper, to reflect, and to make changes to your plans. You can be more serious, and can work on finding more personal power deep within.

Scorpio: Uranus in Taurus has likely brought many changes in your connections with others, and while retrograde, you can work on adjusting to what has already passed. There can be some changes you still want to embark on, but this might need to wait until a better time. Don't lash out with others, and don't let others bully you.

Sagittarius: Uranus in Taurus has likely brought many changes in your work and daily life, and while retrograde, you may need to drill down on small projects, tasks, and ventures that you can change. They might be teeny tiny changes, but it can add up. Try to go easy on yourself, don't demand perfection, and get some rest.

Capricorn: Uranus in Taurus has likely brought changes in your love relationships and creatively, and while retrograde, you can have impulsive energy with loved ones that needs to be controlled. If you're frustrated, get to the core of why and work on that. Inspiration can be higher though, and you can channel energy into creative projects.

Aquarius: Uranus in Taurus has likely brought changes for you at home or with those you think of as family, and while retrograde, you might take the chance to adjust. Emotions can run high though, and you may feel triggered by something and need to work on that. Make plans for personal changes, and be smart with choices.

Pisces: Uranus in Taurus has likely brought changes with your mind, your outlook, and your ideas, and while retrograde, you can take the slowing down to get more connected to your mind. You can find different ways of expressing yourself more clearly, and work on finding new perspectives. You can put together plans for your ideas to take action on later.

## Lesson 18: Neptune Retrograde (July - December 2024)

**Starts:** July 2nd 2024 @ 6:40AM ET/3:40AM PT at 29 degrees 56 minutes Pisces

**Ends:** December 7th 2024 @ 6:43PM ET/3:43PM PT at 27 degrees 8 minutes Pisces

**Stations Retrograde:** June 27th - July 7th 2024

**Stations Direct:** December 1st - 13th 2024

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Neptune retrogrades every year for about 5 months at a time, and is touring the sign of Pisces, which is the sign Neptune naturally rules. This amplifies the impact of Neptune, both when retrograde and when not. Neptune retrograde is notorious for the foggy energy, and it obscures, gets in the way, clouds our judgment, and keeps us from seeing what's right in front of us. This has been even stronger since Neptune has been touring Pisces, but we're nearing the end of this transit.

**Neptune is going to be anaretic for a good chunk of 2024,** May 2nd to September 4th, and it turns retrograde anaretic in Pisces.

Remember that there are 30 degrees in every Zodiac sign, and the last degree is 29 degrees and called the anaretic degree. This supercharges the energy of the planet, so we're looking at even foggier energy - who knew that was possible?!

This likes to trigger important world events and developments, and with Neptune and Pisces, this can involve water, toxins, disease, and potentially anything that'd be considered especially cruel. We also have to be on the lookout for ignoring reality. We have to fight really, really hard to see things clearly in 2024!

This is going to be especially difficult around that turn retrograde with it anaretic. That stationing retrograde period might be brutal. We have to try to get some control over ourselves, and again, be in tune with reality, and ground ourselves. At the same time, having a good connection to our intuition and imagination can be helpful, we just have to make sure the connection is solid and secure, and that we're not mistaking what we want to think we see for what is really there.

**Since the turn retrograde is at 29 degrees, if you have any planets or bodies at 29 degrees, that will get triggered.** I find the aspect doesn't matter much when it comes to the anaretic degree, so just look for anything at 29 degrees in your natal chart (and if you're a little more advanced, your progressed and return charts). Focus on whatever the planet or body rules and make sure you're being realistic while also strengthening intuition and imagination.

Outside of the anaretic degree, aspects can be felt with planets or bodies between 26 and 28 degrees of:



Conjunction: Pisces

Sextile: Taurus or Capricorn

Square: Gemini or Sagittarius

Trine: Cancer or Scorpio

Opposition: Virgo

We come out of the anaretic degree, but energy can still be strong as we lead right into the **Pisces Lunar Eclipse** on September 17th 2024, and that eclipse is conjunct Neptune. So we don't really get a break yet at that point! This is super emotional, super karmic, and super spiritual energy. There can be something significant, important that has to be released, finished, or understood. Something hidden can also be revealed at this time, and it might rock things a little. And, while Neptune is no longer anaretic for this eclipse - Pluto is! Pluto goes back to Capricorn and is anaretic September 1st to November 17th. That should prove to be a reeeeeally consequential eclipse somehow . . .

The turn direct does come with Neptune sextile Uranus in Taurus, so this gives a little bit of help after all that wonkiness. Uranus helps us to find new ways to strengthen intuition, new spiritual ventures to pursue, and new creative projects to develop. This is very nice, BUT both Mercury and Mars are retrograde when Neptune turns direct, and in fact, Mars turns retrograde the day before. So, while the Neptune direct is pleasant by itself, we're battling other dramas and have other focuses. Also, Ceres

exits Capricorn on the same day as Neptune direct, so there is definitely a big shift in energy happening at that time.

The turn direct occurs at 27 degrees 8 minutes Pisces, so the aspects to the turn direct are:

Conjunction: 24 degrees 8 minutes to 29 degrees 59 minutes Pisces

Sextile: 24 degrees 8 minutes to 29 degrees 59 minutes Taurus or Capricorn

Square: 24 degrees 8 minutes to 29 degrees 59 minutes Gemini or Sagittarius

Trine: 24 degrees 8 minutes to 29 degrees 59 minutes Cancer or Scorpio

Opposition: 24 degrees 8 minutes to 29 degrees 59 minutes Virgo

## Lesson 19: Neptune Retrograde for the Signs

Aries: Neptune retrograde kicks up the fog, but subconsciously for you. You may not be fully aware of what you're not seeing, and what's hidden to you can be covered under layers of lies, deceit, and manipulation - even by yourself. Work on connecting to your subconscious, your intuition, and your inner self to overcome this and lift the fog.

Taurus: Neptune retrograde can make it difficult for you to see your future, and you can either question what you want as a result and feel it's not possible, or you may forge ahead without seeing the giant boulder on your path. Giving up may not be the right idea, but going forth without assessing the situation isn't either. Strengthen your intuition, and work on grounding yourself.

Gemini: Neptune retrograde can obscure your focus on your goals and direction, and you may be uncertain as to where you're going. Staying grounded in your pursuit of your goals can be extra important, and taking a slow approach. Make sure to do your homework before taking big steps, and have a good grasp of your plans.

Cancer: Neptune retrograde can connect you deeply to your beliefs, but this needs to be grounded, otherwise others can use you via your beliefs. Bring some practical focus so it's not simply emotional. You may

need some extra space at times, and this can help alleviate some foggy energy.

Leo: Neptune retrograde can obscure your personal power, and you may find it difficult to empower yourself or take control at times. You may need to transform something, but aren't sure what or how. Dig deep within yourself, and work on eliminating a block. This can help you make use of your intuition.

Virgo: Neptune retrograde can bring fogginess to your dealings with others and in your relationships, and you may have a hard time seeing other people clearly. Be honest with yourself about whether or not what you see is what you wish to see. Get some enough space from others, and ground your connections and commitments.

Libra: Neptune retrograde can bring the fog into your daily life, and you may have a harder time getting little things done, being productive, and doing work. You likely need more time to rest and recharge after any task. Try to have more spiritual or creative pursuits you can focus on daily.

Scorpio: Neptune retrograde can bring foggy energy to your heart, and you may have difficulty seeing loved ones realistically, or having the energy for creative pursuits. You can be extra inspired at times, but may

fizzle out quickly. Try to get lots of time to recharge after being creative, and have a healthy outlet for your imagination.

Sagittarius: Neptune retrograde can obscure your emotions, and you may have a hard time understanding how exactly you feel, yet you may be more sensitive. Tending to your emotional needs can be important to help you strengthen yourself, and having more emotional boundaries can make you less vulnerable.

Capricorn: Neptune retrograde can bring the fog to your mind, and it can be difficult to see things clearly or to focus on anything practical or mundane. You likely need to give your mind regular breaks from anything taxing, and ground yourself when working on the mundane. Let your mind rest as needed, and take time for imagination.

Aquarius: Neptune retrograde can make it harder to see what is causing instability or insecurity, and you have to ground yourself in order to help clear the fog. Grounding yourself can be super important for you during this retrograde, and even when Neptune isn't retrograde. This helps you stay in control.

Pisces: Neptune bring your ruler and retrograde in your sign makes the fog ten times stronger for you, and it's super important for you to have a solid connection to your subconscious and intuition to guide you,

otherwise you can end up in some incredibly challenging spots, so work on that.

## Lesson 20: Pluto Retrograde (May - October 2024)

**Starts:** May 2nd 2024 @ 1:47PM ET/10:47AM PT at 2 degrees 6 minutes Aquarius

**Ends:** October 11th 2024 @ 8:32PM ET/5:32PM PT at 29 degrees 39 minutes Capricorn

**Stations Retrograde:** April 25th - May 9th 2024

**Stations Direct:** October 3rd - 20th 2024

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Pluto retrogrades for almost half of every year, and this is one of the few retrogrades that is seen as positive. Pluto is the intense and passionate planet ruling major transformations, so it can be a bit much sometimes. Pluto retrograde slows this down and gives us a chance to adjust to what has come to pass, to catch our breath, and to get right.

This Pluto retrograde begins in Aquarius, and Pluto enters Aquarius on January 20th 2024. Pluto in Aquarius is pushing for massive changes that push us hard into the future, and these changes can be sudden, unexpected, and unconventional. This may have started happening already, so the Pluto retrograde in Aquarius gives us a chance to get used to what has already started. Sometimes it's scary, and this would be the time to work through the fear.

Pluto retrograde goes back to Capricorn on September 1st, and it ends in Capricorn. Pluto is at the end of its time in Capricorn, and has brought massive transformations of governments, institutions, and in authority over the last decade+. During this final Pluto retrograde in Capricorn, we have the chance to adjust to all that's happened in that time and get ready to move on to the next chapter.

The entire time Pluto is in Capricorn, it's anaretic (so it's at 29 degrees Capricorn). Remember this is supercharged energy; also know that this is the last time Pluto will be in Capricorn (it exits November 19th to stay in Aquarius). This can be one last big bang, one last hurrah, one last major development. Pluto is moving on, and this is the last shot. Make sure not to rush into any changes, and be smart.

The start of Pluto retrograde begins square Venus in Taurus and sextile Mars in Aries. Neptune is also anaretic in Pisces for the start of Pluto retrograde, but isn't retrograde itself yet. That anaretic energy is strong for much of the year between Neptune and Pluto, so brace for major developments around the world.

The square to Venus and sextile to Mars at the start of the retrograde can help with making use of passionate energy and taking action with what you want to get done now thanks to Mars, but there might be issues with working with others thanks to Venus. It might be better to work on our own rather than force partnerships at the start.



Pluto retrograde begins at 2 degrees 6 minutes Aquarius, so the aspects to the turn retrograde are:

Conjunction: 0 degrees 0 minutes - 5 degrees 6 minutes Aquarius

Sextile: 0 degrees 0 minutes - 5 degrees 6 minutes Aries or Sagittarius

Square: 0 degrees 0 minutes - 5 degrees 6 minutes Taurus or Scorpio

Trine: 0 degrees 0 minutes - 5 degrees 6 minutes Gemini or Libra

Opposition: 0 degrees 0 minutes - 5 degrees 6 minutes Leo

The turn direct is at the anaretic degree, so remember that aspect pretty much doesn't matter and any planets or bodies in your natal chart (and progressed and return charts if you use them) gets triggered. Focus on whatever the planet or body rules, and work on final transformations, empower yourself, take control, and dig deep to fully understand.

Aside of planets and bodies at 29 degrees, the aspects to the turn direct are between 26 and 28 degrees of:

Conjunction: Capricorn

Sextile: Scorpio or Pisces

Square: Aries or Libra

Trine: Taurus or Virgo

Opposition: Cancer

## Lesson 21: Pluto Retrograde for the Signs

Aries: While retrograde in Aquarius, you can start to adjust to the changes that have already happened in your life that impact your future. You can become more comfortable with your independence, individuality, and quirks. While retrograde in Capricorn, you can make any final adjustments with your goals, life path, and direction. Assess where you've been, how you've gotten here, and what this can lead to.

Taurus: While retrograde in Aquarius, you can begin adjusting to what has been changing with your goals and direction in life. You may be on a new road now, and this can be scary but lead to great heights in time. While retrograde in Capricorn, you can make any final adjustments with your beliefs, ability to expand, and pursuit of opportunities. Review what you've experienced over the last decade and take the wisdom with you.

Gemini: While retrograde in Aquarius, you can adjust to the changes that have already begun with your beliefs and how you're expanding your life. You can pursue new experiences over the next two decades, and this can open up your mind and life. While retrograde in Capricorn, you can make any final adjustments with the major transformations you've undergone over the last decade. Become comfortable with your power and take control.

Cancer: While retrograde in Aquarius, you can begin adjusting to some of the major transformations that have begun in your life. This is an important transit for unearthing your deepest power, but it can be intense and serious, so work on trying to get used to this and accept some of it. While retrograde in Capricorn, you can make any final adjustments with your relationships, partnerships, allies, and commitments. They've undergone big changes in the last decade, and you can fully get used to this now, if you're not already.

Leo: While retrograde in Aquarius, you can start to adjust to the changes that have begun in your relationships and in your connections with others. These can undergo major transformations in the coming years, and you may need to accept the change and embrace more passion. While retrograde in Capricorn, you can make any final adjustments with your work, daily life, and health. Work should be passionate, you should have more control in your daily life, and you should take your wellness seriously.

Virgo: While retrograde in Aquarius, you can begin adjusting to changes that have already started in your work life, daily life, and with your health. Passion and purpose should be present in the work you do and in what you focus on daily, and Pluto can make that a priority over the coming years. While retrograde in Capricorn, you can make any final adjustments with your creativity and love. Your connection to your heart

and to who and what you love has likely experienced major changes in the last decade, and you can close the book on that now.

Libra: While retrograde in Aquarius, you can start to adjust to changes that have begun with love in your life. Pluto in Aquarius pushes for a strong connection to your heart, your creative pursuits, and your loved ones, and that can come with some unsettling changes initially, but helps forge stronger passion. While retrograde in Capricorn, you can make any final adjustments with your home and family life and emotionally. Your core should be strong, and you should have more control over your emotional stability.

Scorpio: While retrograde in Aquarius, you can begin adjusting to changes that have started with your home life, family, and emotions. Pluto may push for massive transformations in your definitions of home and family and in what stabilizes you emotionally, and that may require a big change. While retrograde in Capricorn, you can make any final adjustments with your mind. The last decade has likely helped you transform your connection to your mind, and you can be more powerful in speech, idea generation, and expertise.

Sagittarius: While retrograde in Aquarius, you can start to adjust to changes that have already begun mentally. Subconscious issues and mental blocks may have already been targeted, and you can adjust to this now. While retrograde in Capricorn, you can make any final

adjustments with your resources, values, and confidence. Pluto in Capricorn has likely totally transformed your life, and you can look back with a better perspective and be ready for moving forward.

Capricorn: While retrograde in Aquarius, you can begin adjusting to changes that have started with what you have, what you value, and what you put worth in. There can be major lessons to learn in coming years if you didn't learn then while Pluto was in your sign, and many adjustments can be made. The final Pluto retrograde in your sign can help you make last adjustments to this transit, and you should be one with your power, control, and purpose.

Aquarius: While retrograde in Aquarius, you can start to adjust to the changes that have begun in your life with Pluto in your sign. This is a time for massive transformations in your life leading to more power, control, and passion, and this might be kicking up some major developments at the onset to get it started. While retrograde in Capricorn, you can make any final adjustments with what you've had to clear out, release, and finalize, and you should have less baggage now and are freer to pursue your purpose.

Pisces: While retrograde in Aquarius, you can begin adjusting to changes with your baggage, your past, and subconsciously. There can be a lot of clearing out over the coming years, and you can benefit from connecting to your subconscious now. While retrograde in Capricorn,

you can make any final adjustments with your dreams and future. You should be confident in your independence and where you're leading.

## Lesson 22: Chiron Retrograde (July - December 2024)

**Starts:** July 26th 2024 @ 9:59AM ET/6:59AM PT at 23 degrees 32 minutes Aries

**Ends:** December 29th 2024 @ 5:13PM ET/2:13PM PT at 19 degrees 0 minutes Aries

**Stations Retrograde:** July 21st - 31st 2024

**Stations Direct:** December 25th 2024 - January 2nd 2025

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Chiron is the wounded healer in astrology, and retrogrades every year for about 5 months at a time. Chiron retrograde can slow down healing and growth, however this is meant to make you turn inward and be more reflective, work on the past, tackle baggage, and connect with karmic energy. It's not that you stop healing and growing, it just comes slower; and you don't necessarily experience the same blocks that you do with other retrogrades, it's just a quieter period.

Chiron has been touring Aries, and this has had us healing identify wounds and working on growing as individuals. We've had to work on learning who we are and being secure with that. During Chiron retrograde, we may be less energized for this and take the initiative less often, and instead work more intuitively, assess where we've come so far, and tackle spiritual and karmic issues.

During Chiron retrograde, Chiron will sextile Jupiter in Gemini on October 11th 2024, just a few days after Jupiter retrograde begins, and they will sextile again on November 1st, and they are essentially sextile all of October and November. This is actually super helpful for healing and growth, spirituality and intuition, and karma. Jupiter is the happy planet, and works well with Chiron during this time. So, while healing and growth may be slowed, we're able to make use of intuition to get more understanding, and can see how we can use karmic knowledge to benefit us now. Compassion can also be extra high during this time.

Chiron retrograde begins at 23 degrees 32 minutes Aries, so the aspects are:

Conjunction: 20 degrees 32 minutes - 26 degrees 32 minutes Aries

Sextile: 20 degrees 32 minutes - 26 degrees 32 minutes Gemini or Aquarius

Square: 20 degrees 32 minutes - 26 degrees 32 minutes Cancer or Capricorn

Trine: 20 degrees 32 minutes - 26 degrees 32 minutes Leo or Sagittarius

Opposition: 20 degrees 32 minutes - 26 degrees 32 minutes Libra

Chiron direct occurs at 19 degrees 0 minutes Aries, to the aspects are:

Conjunction: 16 degrees 0 minutes - 22 degrees 0 minutes Aries

Sextile: 16 degrees 0 minutes - 22 degrees 0 minutes Gemini or Aquarius



Square: 16 degrees 0 minutes - 22 degrees 0 minutes Cancer or  
Capricorn

Trine: 16 degrees 0 minutes - 22 degrees 0 minutes Leo or Sagittarius

Opposition: 16 degrees 0 minutes - 22 degrees 0 minutes Libra

## Lesson 23: Chiron Retrograde for the Signs

Aries: Chiron has been in your sign, so this has been a period for greater focus on healing and growth in your life. With Chiron retrograde, you can take time to slow this down, and work on being more introspective.

Focus on what you've already worked through and are working on now, and slowly work on the next steps.

Taurus: Chiron retrograde can slow down the healing and growth you've been working on by yourself and without others knowing. You've likely been doing a great amount alone or out of sight, and you can take this time to strengthen your connection to your subconscious or to your intuition.

Gemini: Chiron retrograde can slow down the amount of changes you've made to heal and grow, and this can give you time to adjust. You can focus on finding different ways of healing, and can be more independent as you pursue more growth.

Cancer: Chiron retrograde can slow down your progress with your healing, and gives you the chance to connect to your intuition but in a disciplined way. You may want to pursue more conventional healing methods, and can be more practical.

Leo: Chiron retrograde can slow down healing and growth so it's less leaps and bounds, and more one step at a time. You can remain optimistic about it though, and can be more introspective when it comes to your beliefs and the big ideas you have.

Virgo: Chiron retrograde can slow down the massive transformations you've undergone in order to heal and grow, and this can give you some breathing room. You can be more reflective about what you've done so far, and may work on digging deeper inside yourself.

Libra: Chiron retrograde can slow down the healing and growth you've undergone in your relationships and with past relationships. You can be more introspective about your connections now, and may work on being more present with others.

Scorpio: Chiron retrograde can slow down your general healing and growth in all ways. You can reflect on how you've grown so far, and may work on small ways to maintain overall wellness. You may want to focus on routine maintenance, physically, mentally, emotionally, and spiritually.

Sagittarius: Chiron retrograde can slow down the healing of your heart, and you may want to take some time to just be connected and creative without being too serious about it. This can help you grow more without needing to put in a super conscious effort.

Capricorn: Chiron retrograde can slow down your emotional healing, and you may want to use that chance to be more introspective, get to your core, and work on strengthening your inner foundation. This can help you grow more, and you can tend to emotional needs.

Aquarius: Chiron retrograde can slow down your mental healing, and you can take more time to give your mind a break, not push your focus too hard, and get some rest. This can help you clear your mind and grow your mental connection.

Pisces: Chiron retrograde can slow down healing and growth quite a bit, and this gives you a chance to ground yourself more. That can help you heal and grow further when you have the opportunity, and you can feel more in control. You can improve your confidence, and this strengthens you.