



# ACHIEVE YOUR GOALS WITH ASTROLOGY

The Dark Pixie  
ASTROLOGY

## Achieve Your Goals With Astrology

It's always a good time to set goals for yourself, and to help yourself achieve your goals, use a little astrology to help you figure out the best approach.

Before you begin, you will need to know:

- The sign and house locations for natal Saturn and Jupiter
- The house locations for transit Saturn, Jupiter, and Mars
- The house and planet that naturally rule whatever your goal focuses on
- The aspects being made to that house and planet

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## FIRST: SATURN

Saturn is the planet that rules goals in general. The sign and house location in the natal chart for your natal Saturn can show your approach to your goals and what you need in general to achieve them.

- In the 1st house or Aries can show being more take-charge with your goals and needing to be assertive
- In Taurus or the 2nd house can show taking more time and needing to avoid being pushed
- In Gemini or the 3rd house can show needing to have good ideas and plans for action
- In Cancer or the 4th house can show needing to create a solid foundation first and get support you may need
- In Leo or the 5th house can show needing to use creative energy and enjoy what you're doing
- In Virgo or the 6th house can show paying closer attention to the details and needing to break things down into smaller bits
- In Libra or the 7th house can show needing to make use of connections and partnerships
- In Scorpio or the 8th house can show using passionate energy, intensity, and perhaps needing to transform something related to the goal

- In Sagittarius or the 9th house can show needing to explore opportunities and a positive attitude
- In Capricorn or the 10th house can show needing to be disciplined, plan long-term, and do everything right
- In Aquarius or the 11th house can show taking a unique approach, being independent, and making use of social contacts
- In Pisces or the 12th house can show doing things in your own, needing to eliminate baggage first, and trusting your instincts to guide you

With transit Saturn, the house that he's touring in your natal chart may have some extra challenges, restrictions, or limitations that can impact your ability to focus on your goals, and they need to be addressed so you can free yourself up to achieve and succeed.

- In the 1st house, you may need to work on any of your most major issues, and focus on trying to work within existing limitations as they can feel more daunting
- In the 2nd house, you may need to ground yourself more, tackle chaotic areas and bring stability to your life, or address financial issues that may impact your goal
- In the 3rd house, you may need to work on mental insecurity and pessimism, and exercise mental discipline and control

- In the 4th house, you may need to work on emotional issues that can act as blocks, and improve the emotional support you get so you feel more confident
- In the 5th house, you may need to work on creative challenges or issues of confidence and expression
- In the 6th house, you may need to work on health issues that can hold you back, manage your stress better, and deal with perfectionism or criticism/self-doubt
- In the 7th house, you may need to work on issues in relationships that can impact your goal, and get better at compromise, negotiation, and mediation
- In the 8th house, you may need to work on a transformation of something that can impact your goal, and dig beneath the surface
- In the 9th house, you may need to work on blocks to expansion and open opportunities, and your belief in yourself/abilities
- In the 10th house, you may need to work on handling responsibilities better, long-term issues, and work on doing everything the right way for the right reasons
- In the 11th house, you may need to work on issues in friendships or with groups, take a more realistic approach to goals, and work on insecurity with goals
- In the 12th house, you may need to work on old baggage or subconscious issues that need to be let go of, and turn more inward

Understanding what natal and transit Saturn want from you helps you to deal with the energy that can be hardest on you while you're trying to achieve your goals.

Let's take an example. A super common goal people have is to lose weight; let's say you have natal Saturn in Cancer and the 1st house, and transit Saturn is in your 7th house. Your natal Saturn location would show that you need to take charge with your weight loss goals, but also get emotional support throughout your journey to stick with it. Transit Saturn would show improving your relationships with others can help tamp down on issues that might stand in the way.

***Your turn: What is your natal Saturn sign & house, and how does that impact your approach to goals? What house is transit Saturn in, and what issues do you need to work on to free yourself up to achieve your goals?***

## SECOND: JUPITER

Jupiter is the planet of expansion and luck. In the natal chart, his sign and house location can show where you get beneficial energy, and you can use that to your advantage when you're trying to achieve a goal.

- In Aries or the 1st house: You benefit when you take charge, act independently, and take initiative for what you want
- In Taurus or the 2nd house: You benefit when you take your time, are confident and secure, and are grounded
- In Gemini or the 3rd house: You benefit when you use your mind, your ideas, and work on short-term plans
- In Cancer or the 4th house: You benefit when you are guided emotionally, emotionally secure, and emotionally supported
- In Leo or the 5th house: You benefit when you use creative energy and express yourself openly
- In Virgo or the 6th house: You benefit when you're productive, organized, detailed, and stick to a routine or schedule
- In Libra or the 7th house: You benefit from help from others, making compromises and meeting people in the middle, and when you're balanced
- In Scorpio or the 8th house: You benefit when you can wrap yourself in something and make use of passionate energy, and from transformations



- In Sagittarius or the 9th house: You can benefit when you are open to possibilities, optimistic, and bold
- In Capricorn or the 10th house: You can benefit when you are disciplined, responsible, and take a practical approach
- In Aquarius or the 11th house: You can benefit from help from friends or groups, going outside of your comfort zone, or doing things in unconventional ways
- In Pisces or the 12th house: You can benefit from doing things in your own, listening to strong intuition, or clearing out baggage

With transit Jupiter, the house he's touring in your natal chart gets some extra helpful energy that you can take advantage of. Whatever that house rules that may impact your goal, you can have an easier time manifesting or working with, which in turn helps you with your goal.

- In the 1st house: Excellent for any new focuses, new beginnings, new journeys, or putting yourself out there
- In the 2nd house: Good for financial matters, anything of value or pertaining to your values, confidence, or stability/security
- In the 3rd house: Great for new ideas and plans, anything that requires mental engagement or writing/speaking/learning, or that impacts your immediate environment

- In the 4th house: Excellent for focusing on home and family matters, the foundation of something in your life, or anything emotional
- In the 5th house: Good for creative projects, hobbies, anything to do with dating/romance, or where you need attention
- In the 6th house: Great for anything to do with work, your health, daily life and habits, or structure and order
- In the 7th house: Excellent for anything to do with other people, any dealings with others, or where you want to bring balance
- In the 8th house: Good for any kind of transformation, anything mutually beneficial, or doing research
- In the 9th house: Great for travel, learning, speaking, writing, teaching, new experiences, or expansion of any kind
- In the 10th house: Excellent for anything to do with your goals (since the 10th house is the natural ruler of goals in general)
- In the 11th house: Good for dealings with friends or groups, any changes you need to make, or any ways you need to break out independently
- In the 12th house: Great for anything to do with the past, spirituality, the subconscious mind, intuition, artistic ventures, or endings

Understanding what natal and transit Jupiter have to offer you helps you to make the most of beneficial energy available to you to achieve your goals.

To use the weight loss goal example, let's say your natal Jupiter is in Leo and the 10th house, and transit Jupiter is in the 2nd house. Your natal Jupiter would show that you benefit if you enjoy your approach to losing weight, and do it the right way without any shortcuts. Transit Jupiter would show you should give yourself little rewards to keep motivated.

***Your turn: What is your natal Jupiter sign & house, and how can you use it to your advantage to achieve your goals? What house is transit Jupiter in, and how can you use that help you with your goals?***

### **THIRD: TRANSIT MARS**

Mars is the planet of energy and drive, so whatever house he is touring in your natal chart gets a shot of energy and drive. You can follow along with Mars through your natal houses as you go on your journey to achieve your goal, and tackle anything related to your goal that is ruled by the house Mars is in. While transit Mars is in your 1st house, this can be the best time for starting anything new related to your goal, or where you need to be pioneering. You can have the most energy and drive while Mars is in the 1st house, so anything that requires the most energy and drive from you can also be good to focus on.

While transit Mars is in your 2nd house, this can be the best time to tackle any financial stuff related to your goal. Your energy and drive can be a little slower with this house, so you may want to focus on whatever requires you to take your time, slow things down, and stick with what you've already started. If you get started on your goal with Mars in this house, you can take your time getting moving until you feel confident in your choices.

While transit Mars is in your 3rd house, this can be the best time for gathering lots of information you may need, and getting advice from others. You can make use of all of the information, and can take on a lot of interests at once. You can be more active with Mars in this house, and

can tackle lots of smaller tasks and projects related to your goal. If you get started on your goal with Mars in this house, you can focus on the information and ideas first, and craft short-term plans you can act on quickly.

While transit Mars is in your 4th house, this can be the best time for strengthening the foundation of your goal to make sure it's solid for whatever you build upon. If you start your goal while Mars is in the 4th house, you can start from the ground up. If you've already begun, you can tackle anything that impacts the core of what you're doing. You can work on gathering support as well.

While transit Mars is in your 5th house, this can be the best time for focusing on anything related to your goal that requires creativity. You can feel more inspired with Mars in this house, and can be more comfortable getting attention for whatever you're doing. Work ethic can be a little eh with Mars in this house, unless you really enjoy what you're doing. If you start working on your goal with Mars in this house, you may need to tackle the fun stuff first.

While transit Mars is in your 6th house, this can be the best time for tackling the little chores and tasks that need to be done and are associated with your goal. You can work on schedules and routines, and break anything big down into smaller, more manageable projects. Your

approach can be practical and productive. If you get started on your goal while Mars is in this house, you can get the little things done first.

While transit Mars is in your 7th house, this can be the best time for working with others and making connections. If there's anything related to your goal that requires a partner, that you make a compromise, or that you negotiate, you can work on that with Mars in this house. If you get started on your goal with Mars in this house, you may need extra balance and peace to get started, otherwise you may need help from others to get motivated.

While transit Mars is in your 8th house, this can be the best time for working on anything mutually-beneficial related to your goal, taking the partnerships and connections made with the 7th house and pursuing opportunities with others where you both get something out of it. This can often be an excellent period for business and financial partnerships. Anything that needs to be transformed can also be tackled while Mars is in this house. If you get started on your goal with Mars in this house, you may get super wrapped up in what you're doing and want to get to the heart of your goal.

While transit Mars is in your 9th house, this can be the best time for working on anything that requires expansion, or for you to be a little adventurous, bold, and daring. If travel, higher learning, public speaking,

or teaching is related to some part of your goal, you can work on that while Mars is in this house. If you start working on your goal while Mars is in this house, you may focus on the big ideas you have first.

While transit Mars is in your 10th house, this can be the best time for working on any responsibilities related to your goal that you need to take on or do better with. You can also focus on making important connections that need to be made, or anything that requires disciplined energy. If you start working on your goal while Mars is in this house, you may work on long-term plans first, and try to be realistic.

While transit Mars is in your 11th house, this can be the best time for working with friends or groups, or expanding your social circle so you have more people in your life that could potentially help or open up new doors for you. Any changes that need to be made can be worked on, as well as anything requiring you to be more independent, go outside of your comfort zone, or do things differently. If you get started with your goal while Mars is in this house, you may feel hopeful, and push yourself to think outside of the box.

While transit Mars is in your 12th house, this can be the best time for working on anything that requires you to work alone, or working on anything that needs to be finished, moved on from, eliminated, or released. Energy can be low while Mars is in this house, so you may



need more time to rest and recharge regularly, and if you get started with your goal while Mars is in this house, you may need to work quietly, alone, and take plenty of breaks.

***Your turn: Track transit Mars for the next 6-12 months (or however long you may be working toward your goals). Come up with a planet for what to work on related to your goal as Mars goes through each house:***

## **FOURTH: ASPECTS TO THE RULERS**

You can do a simple online search for what the astrological rulers are of your goal and that should help you figure out the exact ones to focus on in your natal chart for aspects. I'll rundown a few of the most common goals and their rulerships now:

**Professional:** Almost all professional goals will fall under either Mercury and the 6th house or Saturn and the 10th house. Mercury and the 6th house are more micro, ruling your work environment, coworkers, work projects, your general employment and job itself. Saturn and the 10th house are more macro, ruling your career (rather than just your job), your bosses and mentors, long-term professional goals, and promotions (recognition for your work).

**Money:** Financial goals fall under either Venus and the 2nd house or Pluto and the 8th house. Venus and the 2nd house rule your own personal money, your income, your personal financial decisions and purchases. Pluto and the 8th house rule finances that impact others - loans, inheritances, taxes, debts, joint finances, business finances, as well as mutually beneficial partnerships and ventures.

**Relationships:** Venus and the 7th house govern all of your relationships in general. Committed relationships and partnerships and marriages are

Venus and the 7th house. Romance, new relationships, and dating are the Sun and 5th house. Your children are the Sun and 5th house; siblings are Mercury and the 3rd house; parents are the Moon and 4th house for one parent, Saturn and the 10th house for the other parents (stepparents and stepchildren are Uranus and 11th house); and neighbors are Mercury and the 3rd house (and anything with your community/neighborhood).

Learning: Your primary education is Mercury and the 3rd house while higher education is Jupiter and the 9th house. Anything you can learn quickly and that is a short-term focus will usually be Mercury and the 3rd house, while long-term focuses will be Jupiter and the 9th house.

Legal disputes: The law is generally ruled by Jupiter and the 9th house. Mediations and negotiations are ruled by Venus and the 7th house, and money won or paid as a result of legal disputes is ruled by Pluto and the 8th house.

Spirituality: Spiritual beliefs are ruled by Neptune and the 12th house; religious and political beliefs are ruled by Jupiter and the 9th house; morality, ethics, and values are ruled by Venus and the 2nd house.

Health: Health is generally ruled by Mercury and the 6th house. You can also specifically look at what your specific health focus is ruled by

(usually through the part of the body the health focus impacts). For getting fit, exercise, or losing weight, you can also factor in Mars, the 1st house, and the Sun.

Once you determine which of the planets and houses naturally rule the goal that you want to achieve, you then need to evaluate what aspects are being made to the planet in your natal chart, the natal house cusp, and the ruler of that house in your natal chart. This will have a direct impact on how your journey goes in trying to achieve the goal.

Conjunctions, sextiles, and trines by transit Jupiter can bring beneficial, helpful energy for achieving your goal, and you can unlock more opportunities; by transit Mars, you can get a shot of brief but strong energy and drive for your goal, and use it to make a lot of progress quickly. Squares and oppositions by transit Jupiter might bring laziness that needs to be fought through, so you do need to work on being motivated; by transit Mars, you can feel frustrated more easily and need to keep busy to use up excess energy.

Sextiles and trines by transit Saturn can bring stabilizing energy, and help you move forward as long as you keep doing things right; by transit Uranus can help you find unexpected opportunities and make you more independent; by transit Neptune, can help you to feel guided intuitively

and encounter helpful others; by transit Pluto, can help you find more power and take more control over your goal.

Conjunctions, squares, and oppositions by transit Saturn can demand more responsibility and limit your options, so you have to work with what you've got and keep doing things the right way; by transit Uranus, you may experience sudden setbacks or unexpected challenges that need to be overcome, and you can feel rebellious and restless but need to avoid impulsive behavior; by transit Neptune, you may have trouble figuring out the right approach or feel a fog has set over your view, and need to work on strengthening your intuition so you can rely on it more; by transit Pluto, you may experience power struggles and control issues, and need to work on transformations that allow you to find more power and control for yourself without completely destroying everything.

You can also look at aspects by the new and full moons to the rulers. Conjunctions, sextiles, and trines by new moons can help open up opportunities and give extra focus; by full moons, you can bring things to a close and culminate. Squares and oppositions by new moons can bring challenges or blocks to work on; by full moons, you can feel emotionally drained and may need a break. A new moon in the house that naturally rules your goal gives a shot of energy similar to Mars, and opens opportunities like Jupiter. A full moon in the house that naturally

rules your goal can help you reap what you've sown and bring progress and success, or setbacks and delays if you need to make changes.

Here is the list of 2019 new and full moons:

**New Moons**  
(bold is a Solar Eclipse)

Date	Placement
<b>January 5th</b>	<b>15 Capricorn 25</b>
February 4th	15 Aquarius 45
March 6th	15 Pisces 47
April 5th	15 Aries 17
May 4th	14 Taurus 10
June 3rd	12 Gemini 33
<b>July 2nd</b>	<b>10 Cancer 37</b>
July 31st	8 Leo 36
August 30th	6 Virgo 46
September 28th	5 Libra 20
October 27th	4 Scorpio 25
November 26th	4 Sagittarius 3
<b>December 26th</b>	<b>4 Capricorn 6</b>

**Full Moons**  
(bold is a Lunar Eclipse)

Date	Placement
<b>January 21st</b>	<b>0 Leo 51</b>
February 19th	0 Virgo 42
March 20th	0 Libra 9
April 19th	29 Libra 6
May 18th	27 Scorpio 38
June 17th	25 Sagittarius 53
<b>July 16th</b>	<b>24 Capricorn 4</b>
August 15th	22 Aquarius 24
September 14th	21 Pisces 5
October 13th	20 Aries 13
November 12th	19 Taurus 51
December 12th	19 Gemini 51

If a retrograde will conjunct, square, or oppose the rulers of your goal, you may need to press pause and reflect, re-evaluate, and see what needs to be done over. If the retrograde occurs in the house that rules the goal, this can be the best time for any second chances or do-overs related to your goal that are needed. If your goal itself is something

you're taking a second chance with or doing over, starting during a retrograde can be super helpful. In 2019, there are 3 Mercury retrogrades (none by Venus or Mars): March 5th - 28th at 16-29 degrees Pisces, July 7th - 31st at 23 degrees Cancer - 4 degrees Leo, and October 31st - November 20th at 11 - 27 degrees Scorpio.



***Your turn: What aspects are being made to the rulers of your goal in your natal chart by transit planets? How may that impact your goal? How can you use or maneuver? Will any new or full moons aspect the rulers? Will a retrograde aspect the rulers? Track dates and make a plan:***

