

July 5 2024 Gemini New Moon:

On July 5th 2024, we have a Cancer New Moon, and Cancer is the sign of emotions, and is the sign that is naturally ruled by the Moon. This makes the Cancer New Moon a great time to tend to ourselves emotionally, to bolster ourselves emotionally, to give ourselves the comfort and support we need emotionally, and to strengthen our emotional support systems.

We can prefer to stick to what we know best with Cancer, so while New Moons are times of new beginnings, with Cancer, we may focus on new pursuits that feel comfortable and familiar and don't push us too far outside of our comfort zones. We may prefer opportunities that we have a lot of support with, and that don't cause a lot of upheaval.

Cancer rules the home and family, so we can focus on making improvements at home, with our living situations, or doing things like moving. We may spend more time with those we think of as family, and plan for gatherings.

Cancer is the very bottom of the Zodiac, so it relates to the foundations of our lives, ourselves, and our pursuits. We can start from the ground up with something with the Cancer New Moon, or get back to basics with something we're working on. We can strengthen ourselves internally, and it can be easier to get to the core.

This New Moon is opposite Ceres, who is retrograde, or appearing to move backward, in Capricorn. If you watched the June Capricorn Full Moon video, I brought this Ceres retrograde up as we have two Full Moons in a row in Capricorn activating the Ceres retrograde. Neither of those Full Moons aspect the Ceres retrograde though, but this Cancer New Moon does, and with a challenging opposition.

Ceres is a dwarf planet ruling nourishment, support, and resources, so we may struggle with feeling we have what we need with this New Moon. There can be issues with resources, physical items, finances, and the like, and we may lack the support we want. We're likely being challenged to get to the heart of issues around support, past instances and baggage that are getting in the way but we haven't worked through them or let them go. This period pushes us to do so.

The next Capricorn Full Moon is even stronger than the one in June since it's anaretic in Capricorn. There are 30 degrees in every Zodiac sign, and 29 degrees is the very last degree and called the anaretic degree. This is supercharged energy, and all the challenges that we have to face for this period can really come to a head with the upcoming Full Moon. That means we need to take this Cancer New Moon and use it to set ourselves up well so we're not totally thrown off kilter.

It's important that we honestly assess what isn't working. With the New Moon opposite Ceres retrograde, oppositions can feel out of our control.

and it's kind of forced on us. But this is because we're not really doing it on our own, so it's the only way we'll deal with it. We have to work on being more willing to face these things, and to make changes. If we get stubborn and resistant, the problems only worsen and deepen. We have to adjust, otherwise it eats us up.

Interestingly, 3 days before this Cancer New Moon, Neptune will turn retrograde, and anaretic in Pisces. Neptune is the notoriously foggy planet, and Neptune retrograde absolutely loves to ramp up that fog and make us extra delusional. BUT Neptune retrograde also amplifies karmic energy, spiritual energy, subconscious energy, and intuitive energy, so it does provide some help to work through the challenges that likely tie into our subconscious or our karma. Try to take some time to strengthen your intuition, maybe keep track of your dreams for clues, and try to get more time for reflection and introspection.

For everyone, look at any Cancer parts of your natal chart to gauge the impact of the Cancer New Moon. For those who are a little more advanced, also consider your progressed and return charts, and if in a relationship, your composite chart.

By sign, Aries may want to focus on home and family matters with the Cancer New Moon, and work on trying to find a balance between focus on work and focus on the home, focus on the personal versus the professional, on what you're trying to build externally with what you've

already built internally. If your external foundation has been shaky, it might be your internal foundation that needs attention. Strengthen that internal foundation now to help you as you build going forward.

Taurus can keep busy with the Cancer New Moon, and you may want to take advantage of opportunities to do something with an idea or plan. You may need to make sure you're balancing your view of the big and little pictures, and you're able to see the details in the big plans, and see how the pieces come together long-term. If you've struggled with the big picture, making sure you've got the little things set might be key. Take some time to learn, teach, or write, and talk things over.

Gemini may need to work on bringing more stability and security to your life with the Cancer New Moon, and this is especially the case if you've had to deal with more serious matters lately, and you've felt more intense and passionate than usual. Ground yourself, try to be more present, and slow things down where you can. This helps you stay in control of the intense energy you may have, and not get sucked up in the drama. Enjoy the moment, and keep a calm center.

Cancer can give yourself more attention with the New Moon in your sign, and other people and your relationships have likely been taking up a lot of your time lately. This can continue, but the New Moon wants you to make sure you're prioritizing yourself and your own wants and needs too. Try to do something just for yourself, and you may want to focus on

taking the initiative with something small you can get going with quickly. This helps you feel better balanced, and keeps your energy up.

Leo may need more time on your own with the Cancer New Moon, and you've likely had a lot of work to do and still have a lot on your plate. Your schedule is packed, and you may feel the need to take on even more, but the Cancer New Moon wants to remind you that it's okay to take breaks, even necessary. Make sure you're getting plenty of rest, and leaving room in your schedule to recharge. You may prefer working alone at this time as well, feeling that you can do more alone than with others nitpicking.

Virgo can work on shaking things up with the Cancer New Moon, and this can breathe some new life into something that has been stuck. You may have avoided making the change for some time, worried about what it would mean, but once you follow through, you can see that it wasn't as bad as you thought. Opportunities can open up for you in new ways, and you can be a bit more independent with the New Moon, which can help you move along at a better pace.

Libra may prioritize your goals with the Cancer New Moon, and give more attention to the path you're on in life and what you're trying to build. Focus as of late has likely been more on personal matters, issues at home or with family, or emotional drama, and the Cancer New Moon tries to remind you to balance this out with some external focuses, goals

you can proceed forward with, and that you should work to build something outward. This helps you feel more secure with emotional and personal matters.

Scorpio can open up your mind with the Cancer New Moon, and you can focus on the big picture and get excited by what's possible. You may have been caught up in the weeds lately, worried about the little picture, but the New Moon can present opportunities for you to expand and explore. This opens your mind and helps you see how the pieces come together, which makes you more optimistic than you may have felt lately. This can be a good time for some travel or teaching, writing, or speaking.

Sagittarius may try to do research with the Cancer New Moon, and you can make the most of passion you have. You may have been taking things slow lately, and haven't wanted to get too worked up about anything, but the Cancer New Moon can bring this out and get you worked up about something you can throw yourself into. You can get to the heart of matters, solve problems, and start a transformation that helps to empower you and give you more control eventually.

Capricorn can give attention to the people in your life with the Cancer New Moon, and you may not have had the time for them as much as you'd like to lately. The New Moon can bring opportunities for you to reconnect, and you can work on finding better balance between your personal focus and your connections with others. You can be helpful,

and may pursue a new commitment, or embark on a project with a partner. You can be pleasant and easy to get along with.

Aquarius may work to be more productive and get the little things done with the Cancer New Moon, and can take on some of the small projects, tasks, and chores that you haven't had the time, energy, or focus for lately. Energy can surge a little with the New Moon, and as you get more done, you may want to do more. Make sure to take some time to take care of yourself physically as well, and do some routine maintenance. This helps you worry less about what hasn't been done yet.

Pisces can focus on letting loose and enjoying yourself with the Cancer New Moon, and you may want to pursue creative projects and ventures, and take time to get away and have fun. You may have been more concerned with others lately, or have been more detached emotionally as you've had bigger fish to fry, but the New Moon wants to remind you to have fun, and to have fun for yourself, not for anyone else. Reconnect with your hobbies, and be more joyful.

So that's it! Wishing you love, luck, and pixie dust with the Cancer New Moon!

July 21 2024 Capricorn Full Moon:

On July 21st 2024, we have a Capricorn Full Moon, and this is the second Full Moon in a row in Capricorn. The June 21st Full Moon is also in Capricorn, and when you have two Full Moons in a row in the same sign, they usually tie into one another, and what is focused on for the first Full Moon continues into the second. So, look back to what you were focused on around the June 21st Capricorn Full Moon, and this can tell you what you'll focus on with the July Capricorn Full Moon. What started with the June Capricorn Full Moon may come to an end or culmination with the July Capricorn Full Moon.

Capricorn rules our goals, ambitions, and direction in life, so we're likely extra focused on these things. They're put under the microscope, and we have to make sure that what we want is right for us and we're going about it in the right way and for the right reasons. If not, this can be a period of major setbacks, delays, or outright failure. We need to be willing to make changes, to change direction or find a new path, to change goals or our plans. Capricorn also rules responsibilities, and we may feel overwhelmed by responsibilities that we're not handling correctly, or that we shouldn't be dealing with at all.

But it's not just that, because all of this energy is super emotional, spiritual, and karmic. If you watched the June Capricorn Full Moon video, you know I was already warning about this! The June Full Moon ushers

us into what is a very serious, intense part of 2024, and this only continues with the July Full Moon. In fact, it gets stronger! And that's because the July Capricorn Full Moon occurs at the anaretic degree.

There are 30 degrees in every Zodiac sign, and 29 degrees is the last degree. This is called the anaretic degree, and is supercharged energy. In transit, this can be a challenge to deal with, and given all of the swirling energy relating to baggage and lessons and karma and all of that, this Full Moon might present a crisis of some sort. We can see this play out globally with large-scale issues since Capricorn does rule politics and governments, but we can also feel this on a personal level in some part of our lives. We're being pushed to make a change, to do things right, and we probably want to since the anaretic degree tends to be one where we take the initiative with the energy. This might've begun with the June Full Moon, but we maybe didn't actually take the steps required yet, and that comes with the July Full Moon.

I mentioned in the June Full Moon video that these two Capricorn Full Moons come with Ceres retrograde. A planet or body is called retrograde in astrology when it appears to be moving backward through the Zodiac. This can throw the energy of it off, and with Ceres ruling nourishment, support, and resources, we can feel extra insecure, lack support we need, and have trouble with resources. These two Full Moons don't conjunct, or align with, the Ceres retrograde, but likely still bring extra focus to the issues the retrograde is bringing up.

Focus on what you're feeling insecure about, the situations or projects where you don't have the support you think you need, or the resources that you feel you don't have. You'll need to get creative with solutions, and work with what you've got instead of banging your head against a closed door. Options are likely fairly limited for all of us thanks to Saturn being retrograde starting June 29th, and Saturn is the ruler of Capricorn. Instead of fighting, we need to pull back and reassess what we already have and what we can do differently. Until we do that, we're just frustrated and overwhelmed and ready to blow.

But this likely doesn't end with the July Capricorn Full Moon, at least not completely, because Pluto is going to retrograde back to Capricorn on September 1st. Pluto will be anaretic the entire time it's in Capricorn, so until it leaves on November 19th. Remember that this July Full Moon is also anaretic in Capricorn, so developments likely continue through at least October when Pluto ends its retrograde.

These two Full Moons with Ceres retrograde, this July Full Moon being anaretic, Pluto soon to be anaretic in Capricorn, and oh yes, Neptune is also anaretic in Pisces and we have a supercharged Pisces Lunar Eclipse in September - it's a lot! Sometimes people get mad at me for not being all sunshine and roses with every transit, unfortunately toxic positivity is prevalent in astrology world, but you know what, not every transit is

sunshine and roses, and this stuff definitely isn't. It's hard, and it's going to require work.

All of this energy is likely going to bring up some heaviness from the past. A lot of this is spiritual, karmic, and subconscious. My sense is that for most of us, this period of time brings up something that likely ties into something from our childhood or teenage years, something that is subconscious or spiritual, or something from a past life or that's karmic in nature, that has led us to be restricted or have less options or space or freedom of movement or thought, or that has led to extra weight from responsibilities, and it was something where we were the victim and were either blamed for it, or it had to be hidden or covered up. That's where I think most of us will have to drill down on, and it's likely very emotional, and it's hard, but we have to do some very deep releasing.

I feel like the June Full Moon made us aware of a problem, the July Full Moon makes us take action with it, and we encounter issues as we move through the Mercury retrograde in August, and the sort of ultimate releasing comes with the Pisces Lunar Eclipse in September, and we close the books on it as Pluto comes out of retrograde and exits Capricorn for good.

Pluto has been in Capricorn for over a decade, so we're coming to the end with those lessons and transformations, and this period is sort of one last hurrah and puts a bow on it.

I know this is a lot! One good thing for this July Capricorn Full Moon is that it's trine, which is a beneficial aspect, anaretic Neptune in Pisces, so this does help us to deal with this stuff and not run away from it. We're a lot more willing to deal with it now, and not fight it.

For everyone, look at any Capricorn parts of your natal chart to gauge the impact of the Capricorn Full Moon. For those who are a little more advanced, also consider your progressed and return charts, and if in a relationship, your composite chart.

By sign, Aries may give extra attention to your goals and direction with the Capricorn Full Moon, and this continues from the previous one. You can assess whether you're going in the right direction, and if this is what you really want. Changes can be made as necessary, and you can work to give yourself any support you need on the path, which might mean being more self-supportive. If you've already been doing things the right way and for the right reasons and are on the right path, more strides can be made.

Taurus can focus on maintaining a view of the big picture with the Capricorn Full Moon, and you've likely been working to be more positive and remain optimistic since the last Full Moon. You may also be working on issues with your beliefs, and any changes that might need to be

made with them. If these changes are already going well for you, then you can open up more and focus on getting more life experience.

Gemini may focus on serious matters with the Capricorn Full Moon, and this is something where you may need to dig deeper into serious issues that you'd rather run away from. These are likely issues you've been shoving away for some time, but need to be addressed now. A transformation likely awaits you, something big and profound. If you've already worked through this, you may feel you have more power and control now.

Cancer can focus this energy on your connections with the Capricorn Full Moon, and issues related to commitment or from past relationships can be more prominent. You can focus on resolving, understanding, and trying to work through to release. This energy can focus on others, sometimes because they're the ones who need your help with working through something, so that can be a possibility. Make sure to be helpful, not a doormat.

Leo may have a lot of little things you're worried about with the Capricorn Full Moon, and it might feel like you have a lot of little things to do, and only you can do it, and you have to do it perfectly, otherwise it's total failure and you have to do it again. You're asking too much from yourself, and may need to ask yourself why that is and where it comes from. Try to avoid stressing yourself out so much, and have healthy

outlets for stress. If you already have that, you might take more control in your daily life.

Virgo can focus on love with the Capricorn Full Moon, and you may need to work through old love issues, ways you've rejected what brings you joy, and work on having a better connection with your heart. This may be a time to connect to your inner child, or learn to let go of barriers to fun. Love and fun and joy should be happy, not painful. If these are things you've already worked through, you can feel a stronger connection with who and what you love now.

Libra may need to work on your emotional needs with the Capricorn Full Moon, and this energy really brings out emotional issues that impact you at your core and need to be worked on. This can be emotionally unsettling at first, but can give way to smoother emotions and greater balance and security eventually. Face the emotional issues now, and work to understand and grow. If this is something you've already done, you may feel more emotionally secure.

Scorpio can focus on your ideas and expression with the Capricorn Full Moon, and you can be more concerned with being understood and heard. If you feel insecure about that, you may decide to keep more to yourself and clam up. You may need to work on issues around expression, and work to have better confidence in your ideas and plans,

and in your own capabilities. If you already have this, you may become a more powerful communicator.

Sagittarius may focus on stability and security with the Capricorn Full Moon, and this is likely something that has been important for you for more than a decade thanks to Pluto. You've had to deal with a lot of drama and trauma, forcing you to recognize what is true to you now and release anything superficial. Remaining issues can become more obvious now, and you can work through any final lessons you have. If you've already worked through it all, you can be more confident and in control.

Capricorn can give yourself extra attention with the Full Moon in your sign, and this began with the June Full Moon, and may even go back to the start of the Ceres retrograde in May. Pluto in your sign for so many years was doing that as well, and you're coming to the end of that this year. You've had to work through issues over power and control, and transform yourself in profound ways. Anything that remains can get your focus now. If you've already done all of the work, you can feel more confident and comfortable, and support yourself in new ways.

Aquarius may feel drained with the Capricorn Full Moon, and this likely began a few months back and was elevated with the previous Full Moon. This exhaustion is likely trying to get your attention to help you slow down, get time alone, rest, recharge, reflect, and understand what

has come to pass, and to get you to work on finishing and releasing. You're in a big period for that as Pluto is moving to your sign, and you need to make sure you're free and clear to avoid some of the challenges. If you've already worked through this, you can feel intuitive and inspired during this time.

Pisces can give more attention to the future you hope to have with the Capricorn Full Moon, and any questions you have around this or insecurity you feel about this has likely been coming out. You need to let yourself be independent, true to yourself, but also willing to go outside of your comfort zone, and not box yourself in so much. Restore your faith in yourself, and have hope. If you already have, you can feel more in control of the future you want to shape.

So that's it! Wishing you love, luck, and pixie dust with the Capricorn Full Moon, and all of this energy!