

# Mercury Retrograde in Leo & Cancer

**MERCURY SHADOW: JUNE 20TH - AUGUST 15TH**

you'll feel the shadow if you have:

Sun, Moon, or Rising in Gemini, Virgo, Cancer, or Leo

a strong natal Mercury

many aspects at the start or end

otherwise, you'll feel impact during the storms:

**MERCURY STORMS:  
JULY 17TH - AUGUST 4TH &  
AUGUST 12TH - 24TH**

Mercury retrograde starts in Leo, impacting theatrics, creativity, hobbies, responsibilities, dating, pride, and children, and goes into Cancer July 19th, impacting the home and family, foundations, and emotions.

Leo Suns, Moons, & Risings:

have a creative outlet

avoid theatrics

do what you love

be with fun people

Cancer Suns, Moons, & Risings:

strengthen yourself internally

give yourself comfort

support loved ones

have healthy emotional outlets

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## TURN RETROGRADE: JULY 7TH @ 7:14PM ET AT 4 DEGREES LEO

Retrograde starts conjunct Mars in Leo & square Uranus in Taurus: have outlets for energy, stay true to yourself, avoid rebellion and impulse

aspects made to your natal planets and house cusps at the start of the retrograde:

aspects:

1-7 degrees in

Leo - Conjunction

Gemini or Libra - Sextile

Taurus or Scorpio - Square

Aries or Sagittarius - Trine

Aquarius - Opposition

3-5 degrees in

Capricorn or Pisces - Quincunx

Cancer or Virgo - Semisextile

potential impact of aspects & plan for managing:

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**TURN DIRECT: JULY 31ST @ 11:57PM ET: 23 DEGREES CANCER**

Retrograde ends opposite Pluto in Capricorn: channel passion productively, avoid rage, transform

aspects made to your natal planets and house cusps at  
the end of the retrograde:

aspects:

8-13 degrees in

Cancer - Conjunction

Taurus or Virgo - Sextile

Aries or Libra - Square

Scorpio or Pisces - Trine

Capricorn - Opposition

10-12 degrees in

Sagittarius or Aquarius - Quincunx

Gemini or Leo - Semisextile

potential impact of aspects & plan for managing:

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**Does Mercury retrograde conjunct a house cusp?**

**Impact: 3-5 days before, 2-4 days after**

date:

impact dates:

**impact & plan to manage:**

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**Does Mercury retrograde conjunct, square, or oppose any natal planets?  
Impact: 3-5 days before, 2-4 days after**

**Does Mercury retrograde sextile or trine any natal planets?  
Impact: 2-4 days before, 1-3 days after**

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## THE MOONS OF MERCURY RETROGRADE:

**The Moon is in the signs  
Mercury rules:**

How can you keep busy, channel energy productively,  
and have an outlet during these periods?

**Moon in Gemini: July 27th  
2:29AM - July 29th 7:31AM**

**Moon in Virgo: July 6th 12:25AM  
- July 8th 2:07AM**

*(the retrograde starts with the Moon in Virgo)*

**The Moon is in the same sign as  
the Mercury retrograde:**

This is extra energy & focus on the eclipse energy,  
so how can you make sure you handle the extra  
energy?

**Moon in Leo: July 29th 7:31AM -  
July 31st 9:18AM**

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## SENSITIVE MERCURY RETROGRADE DEGREES:

Your planets of house cusps at 26 degrees Aries, Cancer, Libra, or Capricorn:

### **26 degrees Cancer: July 23rd - 25th**

26 degrees Cancer is a critical degree, and we can be emotional, sensitive, and subjective. If you have any planets or house cusps at 26 degrees Aries, Cancer, Libra, or Capricorn, this can be heightened for you.

### **29 degrees Cancer: July 19th - 20th**

29 degrees of any sign is the anaretic degree and a point of crisis energy. In Cancer, it can be extra emotional and sensitive, and we need to have enough emotional comfort and support that we don't get thrown off.

How can you give yourself enough emotional comfort and support?