

## Day 1 (March 5th)

Mercury retrograde begins! The energy has been kicking in for a few days, and now it's in full swing. We feel it extra strong today with the Moon in the same sign as the Mercury retrograde, Pisces, so emotions can run strong and we can be extra sensitive. Especially with the retrograde starting at 29 degrees, the anaretic degree! And we can feel that something we thought was over isn't done with just yet. This can be focused for you on the house in your chart 29 degrees Pisces falls. Also know that if you have any points in your chart at 29 degrees, it gets activated by the start of this retrograde as well. This lasts March 2nd - 8th.

*Your focus & plan:*

## Day 2 (March 6th)

Pisces energy continues to be strong today with a New Moon in Pisces conjunct ruler of Pisces, Neptune. The New Moon energy has more energy and enthusiasm, so we can use this constructively to try and make the most of any difficulties, get rid of them quickly, and get rid of what may be causing the problem. You can focus this where the Mercury retrograde is (29 degrees Pisces) or where the New Moon is (15 degrees Pisces) in your chart. And Uranus moves into Taurus today, so we can start thinking about the future too!

*Your focus & plan:*

### **Day 3 (March 7th)**

The Moon moves into Aries today, but it conjuncts the Mercury retrograde just before it does at 2:08PM ET. And Mercury is still anaretic, so it's occurring at this point. This continues to focus energy on the areas of your chart 29 degrees falls in and activates.

*Your focus & plan:*

## Day 4 (March 8th)

The Moon is in Aries today, more active than Pisces, and sextiles Venus, and Mercury retrograde exits the anaretic degree. So we may feel a lot easier today, and not quite so caught up in the emotional sensitivity that plagues us the first week of the month. Find a break!

*Your focus & plan:*

## Day 5 (March 9th)

The Moon squares Saturn and Pluto in Capricorn today, so we may feel the restrictions and limitations that are being brought on right now, which can make us more intense at times. Make sure you're finding space and have an outlet for passionate energy.

*Your focus & plan:*

## Day 6 (March 10th)

Mercury exits storm today, so we may feel that we're not quite so caught up in the retrograde as when it first began. We can gain a little perspective in the middle of it all. Mars sextiles Neptune, ruler of Pisces, today, and we can channel energy positively and focus more on action.

*Your focus & plan:*

## Day 7 (March 11th)

The Moon is pretty positive today, and does sextile Neptune, helping us feel emotionally more in sync with the Pisces energy, and conjuncts Mars, helping us to continue to take action. We may do so carefully as the conjunction is in Taurus, and we want to be certain because we'll see things through.

*Your focus & plan:*

## Day 8 (March 12th)

The Moon enters Mercury-ruled Gemini today, and we can emotionally connect with the retrograde. It's great energy for focusing on old ideas and old plans and working to take action now. This may be focused on the areas of life ruled by the house(s) the Moon in Gemini rules.

*Your focus & plan:*



## Day 9 (March 13th)

The Moon remains in Gemini, keeping us emotionally connected to the retrograde, and squares Neptune, so we may feel that our mental focus is taking a hit. Try to make sure you give your mind enough time away from the mundane to get lost in imagination.

*Your focus & plan:*

## Day 10 (March 14th)

The Sun conjuncts Mercury retrograde today, called the inferior conjunction. This is one of the bright spots during Mercury retrograde, and you can focus on a new project, plan, venture, or opportunity to pursue that you can work on until the Sun conjuncts Mercury again when Mercury is no longer retrograde (the superior conjunction). The conjunction occurs at 24 degrees Pisces, so this may be focused on the areas of life ruled by the house this point falls in your chart.

*Your focus & plan:*

## Day 11 (March 15th)

Mercury retrograde squares Jupiter today, and we may have extreme difficulty with focus and discipline - it's just not there at all! And we can be super prone to excess, so we need to moderate ourselves, not be overly indulgent with things we shouldn't be, and remember the fine middle.

*Your focus & plan:*

## **Day 12 (March 16th)**

Mercury retrograde sextiles Pluto today, and this can be great energy for working to dig deeper into something you've wanted to know more about before, revealing things that lead to new insights, and help us to feel stronger, find more personal power, and transform for the better.

*Your focus & plan:*

## Day 13 (March 17th)

Mercury retrograde sextiles Mars today, and we can work to take action with ideas and plans. We can feel excited by what we come up with, and focus on doing rather than just thinking or talking. Just avoid being impulsive!

*Your focus & plan:*

## **Day 14 (March 18th)**

The Moon is void for a good portion of the day, so we may just want to relax, get some needed rest, and recharge. The retrograde in Pisces can run us down, so it may be necessary to take a break midway if you want to make it to the finish line.

*Your focus & plan:*

## Day 15 (March 19th)

The Moon is in Mercury-ruled Virgo today, so we can once again feel emotionally connected to the retrograde, but we can focus more on the tasks and chores and projects that we need to take action with, and the things that must be done. It's great energy for revising and editing.

*Your focus & plan:*

## Day 16 (March 20th)

The Moon opposes Mercury retrograde today, amplifying emotional energy; then there's a Full Moon in Libra today as well, and at a sensitive degree, so emotions are running super high. Mercury retrograde sextiles Saturn today, and we may want to try to find some discipline and a proper outlet for emotional energy to make it productive.

*Your focus & plan:*



## Day 17 (March 21st)

With the Moon in Libra and two Venus aspects today, we may want to work on coming together, making compromises, and finding peace and balance today in the midst of the emotional energy. This can help to calm us. Connect!

*Your focus & plan:*

## **Day 18 (March 22nd)**

We enter the second storm period today for this Mercury retrograde, and we can start to feel energy kick back up with it as we can see the end coming. Mercury is also at a critical degree today until the 24th, and we may want to try and get grounded and work on tapping into our subconscious and intuitive selves.

*Your focus & plan:*

## Day 19 (March 23rd)

The Moon is in Scorpio today, a water sign, as the Mercury retrograde is in water sign Pisces, so we may feel more emotionally at ease with the retrograde today. But the retrograde is still at a critical degree, so energy remains high. Thankfully Scorpio understands intense well!

*Your focus & plan:*

## Day 20 (March 24th)

Mercury retrograde conjuncts Neptune today, and the retrograde ends in orb conjunct Neptune, so this energy is felt through the rest of the month. We can connect strongly with Neptune/Pisces energy, and can feel extra sensitive, extra intuitive, extra compassionate, and extra empathic. Make sure you have some healthy boundaries, because those who don't may get taken advantage of during this time.

*Your focus & plan:*

## Day 21 (March 25th)

The Moon is in Sagittarius today, which is a mutable sign like Pisces is, and flows around as mutable signs do. But Sagittarius is less emotional and more active, and wants to be positive too. So we can focus on trying to be more positive and create some good for ourselves.

*Your focus & plan:*

## Day 22 (March 26th)

Venus enters Pisces today, and Venus is a beneficial planet who brings pleasant energy. Venus now in Pisces can help us to work on coming out of the retrograde in a better position, and we can find more pleasure in working on the Pisces stuff that has been a little wonky lately.

*Your focus & plan:*

## Day 23 (March 27th)

The Capricorn Moon helps us get more focused on what we need to do once we're out of this retrograde. Venus sextile Uranus today can open us up to out-of-the-box plans, and we can be smart with what we choose.

*Your focus & plan:*

## Day 24 (March 28th)

The end! Mercury retrograde ends today, and the Moon sextiles Mercury and Neptune today as well, helping us to emerge with a little less bruises. We are still in the storm period until April 6th, but it's we can work on getting back on track, trust instincts with Mercury still conjunct Neptune. Strengthen intuitive intelligence to help you moving forward.

*Your focus & plan:*