

NEPTUNE RETROGRADE 2019



The Dark Pixie
ASTROLOGY

Dates & Times:

Starts:

June 21st 2019

10:36AM Eastern Time

9:36AM Central Time

8:36AM Mountain Time

7:36AM Pacific Time

2:36PM Greenwich Mean Time

June 22nd 2019

9:06AM India Standard Time

12:36PM Australian Eastern Standard Time

Ends:

November 27th 2019

7:32AM Eastern Time

6:32AM Central Time

5:32AM Mountain Time

4:32AM Pacific Time

11:32AM Greenwich Mean Time

November 28th 2019

6:02AM India Standard Time

9:32AM Australian Eastern Standard Time

Duration:

June 21st 2019 @ 10:36AM ET - November 27th 2019 @ 7:32AM ET

Starts: 18 degrees 43 minutes Pisces

Sextile transit Saturn (18 degrees Capricorn, retrograde)

Square transit Jupiter (18 degrees Sagittarius, retrograde)

- gives more grounded energy with Saturn, but can also expand on difficulties and the fog with Jupiter

Stations (hovers in the same spot) June 14th - 28th so feel the effect strong during this period.

Ends: 15 degrees 58 minutes Pisces

Sextile transit Saturn (again; 17 degrees Capricorn)

Trine Mercury (15 degrees Scorpio; Mercury retrogrades in November and is trine Neptune during and after the retrograde)

- grounded energy continues, and helps with imagination and intuitive intelligence

Stations November 25th - 29th.

Note: What house in your chart will the retrograde occur in? (look for where 15 - 18 degrees Pisces falls).

Retrograde Impact

Impact is through Pisces, so we can expect:

- FOG! (stay tethered to reality)
- Highly sensitive (emotional & spiritual; take care of yourself)
- Vulnerable (have healthy boundaries)
- Empathy and compassion in overdrive or lacking (be thoughtful of others but not at the expense of yourself)

Most impactful for you personally in the areas of life ruled by the house in your natal chart Neptune will retrograde.

Note: What areas of life are ruled by the house the Neptune retrograde occurs in for you? What could potentially be impacted?

Mutable t-square note:

We'll also experience a mutable t-square during this retrograde, which occurs when two planets oppose one another and both square a third planet (3 signs away). Mars will be in Virgo August 18th - October 4th and oppose Neptune with both square Jupiter in Sagittarius.

We had a mutable t-square in these signs in 2016 (so think back to 2016 and what the impact on you may have been). Jupiter is squared planet this time so gets the focus. This can increase expansive energy, but can make us excessive, out of control at times, needing to be pulled in and rooted to something. Gemini is what's missing from the t-square and what we need (more logic, analysis, facts, thinking things through). Don't lose the details in the big picture. Goes exact in September (strongest energy).

Note: How did the mutable t-square in 2016 impact you and your life? What potential impact could occur for you this time? How can you prepare?

Retrograde is hardest on:

- Pisces Suns, Moons, and Risings (especially if between 13 and 20 degrees Pisces - direct hit!)
- Any positions at 13 - 20 degrees of a mutable sign: Gemini, Virgo, Sagittarius, Pisces

Get plenty of rest, take care of your soul, and try to pay attention to the little hints the Universe throws your way. Don't be so hard on yourself if you don't have a firm grip on everything right now.

Neptune will be at a critical degree, 17 degrees Pisces, August 15th - September 21st. This can increase the challenging energy.

Birthdays that may feel Neptune making a major aspect to your natal Sun:

Taurus (sextile): May 6th - 9th
Gemini (square): June 6th - 9th
Cancer (trine): July 8th - 11th
Virgo (opposition): September 8th - 11th
Scorpio (trine): November 8th - 11th
Sagittarius (square): December 8th - 11th
Capricorn (sextile): January 6th - 9th
Pisces (conjunction): March 6th - 9th

If Neptune is sextile or trine your natal Sun, this is excellent for increasing intuition, compassion, empathy, and imagination. You can be more charismatic, gentle, and sweet. Excellent for artistic pursuits and spiritual ventures.

If Neptune is square or opposite your natal Sun, this can increase vulnerability, sensitivity, fogginess, illusion, and delusion. Try to ground yourself in reality, and plan out times when you can let your imagination take over and get lost in your dreams and subconscious. Also plan for lots of naps and breaks!

If Neptune is conjunct your natal Sun, you can be super charismatic, super intuitive, and super imagination, but also super easily deceived by others, and need to have good boundaries. You can be easily drained and need to avoid energy vampires, and give yourself lots of time to rest and recharge. People may see you as they want to see you, and you have to be more adaptable.

What the retrograde is good for:

- Spiritual pursuits
- Intuition building
- Digging into your subconscious
- Tackling issues from the past
- Letting go
- Establishing boundaries
- Using imagination

Note: What aspects is the Neptune retrograde making for you? What may the impact be on you? How can you manage the energy positively?

Bright spots during the retrograde:

The Scorpio Mercury retrograde trines Neptune retrograde (awesome for imagination and intuitive intelligence; this aspect begins October 15th and lasts until November 28th; see the aspects list for exact dates). The July eclipses are both at positive angles to Neptune retrograde (solar eclipse in Cancer trines, lunar eclipse in Capricorn sextiles). The solar eclipse is July 2nd (at 10 degrees 38 minutes Cancer) and lunar eclipse is July 16th (at 24 degrees 4 minutes Capricorn).

Major aspects Neptune makes during the retrograde period (dates and times listed are Eastern Time (U.S.)/Greenwich Mean Time):

June 24th 5:58AM/9:58AM | square Venus
18 degrees 43 minutes (Gemini Venus)
- indulgent, challenges with others, need for boundaries

July 11th 12:31AM/4:31AM | trine Sun
18 degrees 37 minutes (Cancer Sun)
- charismatic, imaginative, compassionate

September 4th 7:26AM/11:26AM | opposite Venus
17 degrees 28 minutes (Virgo Venus)
- difficulties with others that may be difficult to distinguish, lost in fog

September 7th 3:18AM/7:18AM | opposite Mercury
17 degrees 23 minutes (Virgo Mercury)
- lost in daydreams, fantasies, illusions, delusion, foggy mind

September 10th 3:24AM/7:24AM | opposite Sun
17 degrees 18 minutes (Virgo Sun)

- vulnerable, sensitive, exhausted, in need of rest

September 14th 1:25AM/5:25AM | opposite Mars
17 degrees 12 minutes (Virgo Mars)

- lacking energy and drive or experiencing blocks can't recognize consciously

September 21st 12:44PM/4:44PM | square Jupiter
16 degrees 59 minutes (Sagittarius Jupiter)

- expansion of the fog, super invested in beliefs, don't believe everything people say

October 15th 6:45PM/10:45PM | trine Mercury
16 degrees 24 minutes (Scorpio Mercury)

- imaginative, creative, compassionate, intuitive

October 21st 3:40PM/7:40PM | trine Venus
16 degrees 17 minutes (Scorpio Venus)

- compassionate, gentle, understanding what others need intuitively

November 8th 12:56PM/4:56PM | trine Sun
16 degrees 1 minute (Scorpio Sun)

- charismatic, compassionate, imaginative

November 8th 9:45PM/November 9th 1:45AM | sextile Saturn
16 degrees 1 minute (Capricorn Saturn)

- grounding intuitive, productive with imagination, bringing magic to the mundane

November 13th 5:34PM/9:34PM | trine Mercury (retrograde)
15 degrees 58 minutes (Scorpio Mercury)

- imaginative, creative, compassionate, intuitive

November 14th 12:06PM/4:06PM | square Venus

15 degrees 58 minutes (Sagittarius Venus)

- indulgent, challenges with others, need for boundaries

Note: List the aspects that may impact your chart. Find the house location for each planet when the aspect is occurring to see what areas of life may be impacted directly by that aspect.

Moon in Pisces:

When the Moon is in Pisces with Neptune, we can really feel the Neptune retrograde energy strong, especially when the Moon is conjunct (aligned with) Neptune. The Moon will be in Pisces with Neptune on (times listed are in Eastern Time (U.S.)/Greenwich Mean Time):

June 22nd 10:01AM/2:01PM - June 24th 10:38PM/June 25th 2:38AM
Conjunct June 23rd 11:55PM: 18 degrees 43 minutes

July 19th 5:19PM/9:19PM - July 22nd 6:02AM/10:02AM
Conjunct July 21st 6:46AM: 18 degrees 29 minutes

August 15th 11:49PM/August 16th 3:49AM - August 18th
12:33PM/4:33PM
Conjunct August 17th 12:08PM: 17 degrees 56 minutes

September 12th 5:52AM/9:52AM - September 14th 6:32PM/10:32PM
Conjunct September 13th 4:43PM: 17 degrees 12 minutes

October 9th 12:05PM/4:05PM - October 12th 12:46AM/4:46AM
Conjunct October 10th 9:34PM: 16 degrees 30 minutes

November 5th 6:08PM/10:08PM - November 8th 6:49AM/10:49AM
Conjunct November 7th 2:37AM: 16 degrees 2 minutes

Note: How can you manage these periods?