

# Transforming like a Scorpio



Scorpio is ruled by Pluto, the planet of transformation, so Scorpio Season is often a time when it's good to transform for the better. This Scorpio Season, it's even more important thanks to Mercury retrograde in Scorpio for most of it.

For the Scorpio Season, focus on transforming. Make a list of different things you can transform for the better in your life, big, small and everything in between.

Work on the small ones daily so you can tackle them quickly and get motivated to continue with the bigger ones.

Put together a plan for working on the bigger ones throughout the season. You may want to break any big ones down into smaller pieces so you can plan it out day-by-day without being overwhelmed.

By the end of Scorpio Season, you should be a transforming maven!

## POSITIVE PSYCHOLOGY FOR SCORPIO SEASON

**Make a list of 5 small transformations you can make during Scorpio Season:**

**1.**

**2.**

**3.**

**4.**

**5.**

**Make a list of 3 mid-sized transformations you can make during Scorpio Season:**

**1.**

**2.**

**3.**

## POSITIVE PSYCHOLOGY FOR SCORPIO SEASON

**Make a list of 1 big transformation you can make during Scorpio Season:**

**Make a plan for breaking it down into smaller pieces to work on throughout the season:**